

Conference 2019 *Practical Pearls* in Long Term Care

This Group Learning Program has been
certified by the

College of Family Physicians of Canada
and the Ontario Chapter for up to

17 Mainpro+ credits

REGISTRATION AND PROGRAM GUIDE 2019



Ontario
Long Term Care
Clinicians

OCTOBER 25-27, 2019

TORONTO, ONTARIO

SHERATON CENTRE

TORONTO HOTEL



Ontario Long Term Care Clinicians
1143 Wentworth St. West, Suite 202
Oshawa, ON L1J 8P7
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 www.oltcc.ca
 @OnLTCC

OLTCC PRESIDENT'S MESSAGE



The Vision of Ontario Long Term Care Clinicians is *all Ontarians in Long Term Care will receive excellent care*. OLTCC is the largest organization of long term care physicians in Canada. Our membership includes nurse practitioners and pharmacists. Practical Pearls in Long Term Care is the nation's leading conference for LTC physicians and other primary care providers.

The Mission of OLTCC is to promote education and advocacy. The Conference Planning Committee presents a program of current and emerging topics related to medical care in long term care. Your evaluation and suggestions from previous conferences guides the creation of the program. Many workshops programs were submitted by colleagues who are truly the front-line experts in clinical long term care.

Two principal themes for this year are the Long Term Care Inquiry and the elimination of Hallway Healthcare. Honourable Justice Eileen Gillese, Commissioner for the Inquiry, is the keynote speaker for the formal program that begins on Saturday. From this thorough examination of a tragedy comes a message of building confidence in long term care, not only for our residents and families, but also for the dedicated clinicians.

Many of the residents who we care for are approaching end of life. Long term care provides expert care the assures safety, comfort and dignity. Hence, the conference provides sessions on palliative care and advance care planning.

I welcome you to come the Canada's prime conference that promotes expertise and quality in long term care. Join colleagues for this annual occasion to learn and network.

J. Fred Mather, MD, CCFP
President, OLTCC

BOARD OF DIRECTORS, 2019

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SCIENTIFIC PLANNING COMMITTEE, 2019

Chair	Dr. Fred	Mather
Member	Dr. Louis	Kennedy
Member	Dr. Lorand	Kristof
Member	Dr. Nancy	McKeough
Member	Dr. Kerstin	Mossman
Member	Dr. Evelyn	Williams



IMPORTANT DATES & ACTIVITIES

Member Early Bird Rate Ends	Monday September 16, 2019
Regular Rates Apply	Up to Friday October 11, 2019
Hotel Cut Off Date for Room Reservations	Wednesday October 2, 2019
Cancellations Accepted, with a \$60.00 Fee	To Friday September 16, 2019
Delegate Substitution Policy Applies, no Fee	Up to Friday October 11, 2019
Delegate Substitution Policy Applies, \$60.00 Fee	From Saturday October 12, 2019
Late & Onsite Rates Apply	From Saturday October 12, 2019



SCHEDULE OF ACTIVITIES

Onsite Registration Hours

Friday October 25	7:00 am—4:30 pm
Saturday October 26	7:30 am—5:30 pm
Sunday October 27	7:30 am—3:15 pm

Friday October 25

Registration	7:00 am—6:00 pm
Continental Breakfast	7:00 am—9:00 am
Full Day Workshops	8:45 am—4:15 pm
Primer Workshop	8:00 am—4:30 pm
IDEAS Workshop	8:00 am—4 :30 pm
Half Day Workshops AM	8:45 am—12:00 pm
Half Day Workshops PM	1:00 pm—4:15 pm
Refreshment Break AM	10:15 am—10:30 am
Refreshment Break PM	2:30 pm—2:45 pm
Luncheon	12:00 pm—1:00 pm
Luncheon, Primer Workshop	12:00 pm—12:30 pm
Luncheon, IDEAS	12:00 pm—12:30 pm

Saturday October 26

Registration	8:00 am—9:15 am
Symposium	8:15 am—9:15 am
Opening Remarks	9:15 am—9:30 am
Keynote Speaker	9:30 am—10:15 am
Break, Exhibits & Demos	10:15 am—11:15 am
Attended Poster Session	10:15 am—11:15 am
Plenary	11:15 am—12:00 pm
Award Presentations	12:00 pm—12:15 pm
Lunch, Exhibits, Posters & Demos	12:15 pm—1:00 pm
Concurrent Workshops	1:00 pm—2:00 pm
Break, Exhibit, Posters & Demos	2:00 pm—2:30 pm
Concurrent Workshops	2:30 pm—3:30 pm
Plenary	3:30 pm—4:30 pm
OLTCC AGM	4:30 pm—5:00 pm
OLTCP AGM	5:00 pm—5:15 pm
Dinner & Entertainment	7:00 pm—10:00 pm

Sunday October 27

Registration	7:30 am—3:30 pm
Breakfast	8:00 am—9:15 am
Symposium	8:15 am—9:15 am
Opening Remarks & Report	9:15 am—9:30 am
OMA Report	9:30 am—9:45 am
Plenary	9:45 am—10:15 am
Concurrent Workshops	10:15 am—11:15 am
Break, Posters, Exhibits & Demos	11:15 am—11:45 am
Concurrent Workshops	11:45 am—12:45 pm
Lunch, Posters, Exhibits & Demos	12:45 pm—1:30 pm
MD Course Luncheon	12:45 pm—1:30 pm
<i>(Invited guests only)</i>	
Panel	1:30 pm—2:15 pm
Closing Plenary	2:15 pm—3:15 pm

HOW TO REGISTER

1. Choose the package that you want and correctly identify the fee category (member, non-member, student) and the date you are registering.
2. Choose your workshops from the list provided. Workshops will be confirmed once registration is complete.
3. Go online to www.oltcc.ca for the online registration option. If you are a member, log in using your login and password for the OLTC registration system OR,
4. Register by mail, by completing the registration form and mailing to Ontario Long Term Care Clinicians, 1143 Wentworth St. West, Suite 202, Oshawa, ON L1J 8P7 OR,
5. Register by fax by completing the registration form and faxing to 1-905-404-3727.
6. Student registrations must also include proof of student status with their registration.

SEE REGISTRATION PAGES FOR PAYMENT METHODS AND THE CANCELLATION POLICY

KEYNOTE SPEAKERS, HOT TOPICS, PANELS!

OPENING KEYNOTE SPEAKER—JUSTICE EILEEN GILSE SATURDAY OCTOBER 26—9:30 AM



THE LONG-TERM CARE INQUIRY— IMPROVEMENT RECOMMENDATIONS

This Opening Keynote will identify the need to detect and deter the health care serial killer; provide insights from the Long-Term Care Inquiry and recommend steps to restore confidence on the Long-Term Care system.

PLENARY SESSION—JO-ANNE CLARKE, MD, FRCPC SATURDAY OCTOBER 26— 11:15 AM



MANAGEMENT OF MODERATE AND SEVERE DEMENTIA IN LONG-TERM CARE

Learning Objectives:

1. Differentiate the different types of dementia in their more advanced stage.
2. Advise of effective pharmacotherapy and de-prescribing.
3. Recommend goals for optimal symptom management and quality of life.
4. Provide predictors for prognostication.

PLENARY SESSION—CHRISTOPHER PATTERSON, MD, FRCPC SATURDAY OCTOBER 26— 3:30 PM



2019 ARTICLES WHICH MAY CHANGE YOUR PRACTICE

Learning Objectives:

1. Examine new evidence on the care of frail older adults in Long-Term Care.
2. Recognize the relevance of the research to one's Long-Term Care practice.
3. Identify effective, targeted interventions from each article that could change one's practice.

PLENARY SPEAKER—ALEX BARDAKH, MPP, PLC SUNDAY OCTOBER 27—9:45 AM



PHYSICIAN LEADERSHIP FOR VALUE- BASED MEDICINE IN LONG-TERM CARE

Learning Objectives:

1. Demonstrate the importance of diagnosis and coding to show complexity
2. Advance innovations for LTC including interoperability of the health record and telemedicine.
3. Advise how the clinicians can be the best advocates for their patients.

PANEL—CHALLENGING PROBLEMS IN LONG-TERM CARE SUNDAY OCTOBER 27—1:30 PM

Learning Objectives:

1. Discuss best practices and available evidence in the care of the older adults in a Long-Term Care setting.
2. Provide a forum for discussing clinical updates in the care of the older adults in a Long-Term Care setting.



JULIE AUGER, MD, CCFP(COE), FCFP



RHONDA COLLINS, MD, CCFP(COE),
CHIEF MEDICAL OFFICER, REVERA INC.



DR. ROGER P. SKINNER, REGIONAL
SUPERVISING CORONER; CENTRAL REGION -
TORONTO WEST; OFFICE OF THE CHIEF
CORONER FOR ONTARIO; FORENSIC SERVICES
AND CORONER'S COMPLEX



PATRICK QUAIL, MD, CCFP, FCFP

PLENARY SESSION—JOSEPH M. MYLOTTE, MD SUNDAY OCTOBER 27—2:15 PM



THE MANAGEMENT OF NURSING HOME ACQUIRED PNEUMONIA

Learning Objectives:

1. Appreciate the controversy regarding nursing home acquired pneumonia.
2. Understand the aetiology of nursing home acquired pneumonia.
3. Manage effectively nursing home acquired pneumonia.

CONFERENCE FEES

Full Package (3 days) consists of your choice of 1 full-day or 2-half day workshops Friday and then the Saturday & Sunday program

MEMBER EARLY BIRD TO SEPTEMBER 16

Full Package, 3 days	\$1175
Saturday & Sunday	\$750
One Day, Saturday or Sunday	\$410

EARLY BIRD CONFERENCE FEES ARE NOT APPLICABLE TO NON-MEMBERS, MEDICAL RESIDENTS OR STUDENTS

MEMBER REGULAR FEES SEPT 17—OCT 11

Full Package, 3 days	\$1375
Saturday & Sunday	\$810
One Day, Saturday or Sunday	\$475

NON-MEMBER TO OCTOBER 11

Full Package, 3 days	\$1475
Saturday & Sunday	\$880
One Day, Saturday or Sunday	\$560

MED RES & STUDENTS TO OCTOBER 11

Full Package, 3 days	\$540
Saturday & Sunday	\$345
One Day, Saturday or Sunday	\$200

MEMBER ONSITE FEES OCT 12—27

Full Package, 3 days	\$1500
Saturday & Sunday	\$855
One Day, Saturday or Sunday	\$575

NON-MEMBER ONSITE FEES OCT 12—27

Full Package, 3 days	\$1600
Saturday & Sunday	\$950
One Day, Saturday or Sunday	\$625

MED RES & STUDENTS ONSITE FEES OCT 12—27

Full Package, 3 Days	\$670
Saturday & Sunday	\$405
One Day, Saturday or Sunday	\$350

FRIDAY WORKSHOP FEES

If you are attending the full 3-day package, these workshop fees do not apply. The 3-day package includes your choice of Full-Day or two Half-Day Workshops. If you are just attending the Friday program, or adding a Friday Workshop onto a one-day package, these fees would then apply.

MEMBER EARLY BIRD WORKSHOP FEES, TO SEPTEMBER 16

Full Day Workshop	\$605
Half Day Workshop	\$330
IDEAS & Primer Workshop MainPro+ Accredited	\$400

EARLY BIRD WORKSHOP FEES ARE NOT APPLICABLE TO NON-MEMBERS, MEDICAL RESIDENTS OR STUDENTS

MEMBER REGULAR WORKSHOP FEES, TO OCTOBER 11

Full Day Workshop	\$680
Half Day Workshop	\$360
IDEAS & Primer Workshop MainPro+ Accredited	\$450

NON-MEMBER WORKSHOP FEES, TO OCTOBER 11

Full Day Workshop	\$780
Half Day Workshop	\$420
IDEAS & Primer Workshop MainPro+ Accredited	\$480

MED RES & STUDENT WORKSHOP FEES, TO OCTOBER 11

Full Day Workshop	\$280
Half Day Workshop	\$150
IDEAS & Primer Workshop MainPro+ Accredited	\$180

MEMBER ON-SITE WORKSHOP FEES, OCTOBER 12—OCTOBER 25

Full Day Workshop	\$800
Half Day Workshop	\$465
IDEAS & Primer Workshop MainPro+ Accredited	\$550

NON-MEMBER ONSITE WORKSHOP FEES, OCTOBER 12—OCTOBER 25

Full Day Workshop	\$850
Half Day Workshop	\$520
IDEAS & Primer Workshop MainPro+ Accredited	\$600

MED RES & STUDENT ONSITE WORKSHOP FEES, OCTOBER 12—OCTOBER 25

Full Day Workshop	\$440
Half Day Workshop	\$310
IDEAS & Primer Workshop MainPro+ Accredited	\$300

Location and Accommodations

Sheraton Centre Toronto Hotel

123 Queen Street West,
Toronto, Ontario M5H 2M9



 Telephone: 1-888-627-7175—Be sure to request the **Ontario Long Term Care Clinicians room block or code OJ14AA**

 Online: [Click Here to Make Your Reservation Today!](#)

A block of rooms is being held at the Sheraton Centre Toronto until Wednesday **October 2, 2019**. The Ontario Long Term Care Clinicians and the Sheraton Centre Toronto cannot guarantee availability at any time. The applicable rate for a standard room for this event is **\$233.00 per night plus taxes**. All rooms are single or double occupancy and rates are available October 23—October 27, 2019.

Cancellation Clause: A deposit equal to one night's stay is required to hold each guest's reservation at the time of reservation. Full refund of this deposit will be given to cancellations received until **72 hours prior to arrival**. For cancellations received within 72 hours of arrival, the deposit is non-refundable.

Check In: Check in time is 3:00 pm. Check out time is 12 noon.

Parking: Valet Parking and self-parking are available through the Sheraton Centre Toronto Hotel. The self-park lot is attached to the hotel, located under City Hall. Various parking is also available around the hotel including the Eaton Centre which is approximately 2 blocks from the Sheraton Centre Toronto Hotel.

About the Sheraton: The Sheraton Centre Toronto Hotel is located near all of Toronto's attractions and connected to the financial and entertainment districts by way of the PATH, a 16 mile underground network of shops and services. World-class dining, theatres, and museums are steps away.

Mobile App

The mobile app offers attendees a new user experience. The app will allow access to the agendas, as well as speakers and session descriptions. There will be an interactive map of the venue including the locations of all of the sessions and sponsor and exhibitor information. Attendees will be able to use the app to access surveys and even tweet their experience.



Product Demo Area Exhibit Area

Visit this new area in the exhibit area where companies / organizations will give you a quick update on what is new! What's happening in LTC and product demos! Open during all breaks and lunches!



Attended Poster Session

The Attended Poster Session is scheduled for Saturday October 26th, 10:15 am to 11:15 am. Authors of the posters will be available for questions and queries about the posters on display. The posters will also be available for viewing on Saturday & Sunday. Posters will demonstrate a research project, best practice, current trend in Long-Term Care or relevant clinical cases.

General Information

BADGES

Once registered, please ensure you wear your badge for entrance to all sessions, meals and reception. Your badge must be visible and worn throughout the event in order to have access to the program.

CONCURRENT WORKSHOP CHOICES

When selecting your workshop choice, and it appears that your choice is not available, that indicates the choice you are making is full and not available. Please move to another choice listed, which is still available. The online system automatically removes the workshop from the selections once full. If registering by fax or email, the office will notify you directly by email if you have selected a workshop that is full and you will be given the option of others that are still open. Workshops are repeated twice.



PRESENTATIONS AVAILABLE THROUGH THE WEBSITE



Prior to the conference, all authorized presentations will be also be posted on the website and will be password protected for all of the conference attendees only. This will allow you to download what presentations you would like to have while at the conference.

REGISTRATION AT THE CONFERENCE

The OLTC registration desk will be located on the Lower Concourse Level. Please register at the OLTC registration desk to pick up your badge and conference material.



DAY ONE FULL DAY AND HALF DAY WORKSHOPS



7:00 AM—4:30 PM

REGISTRATION OPEN

7:00 AM—9:00 AM

CONTINENTAL BREAKFAST

Friday Workshops: Please note Friday Workshops can be purchased separately if you are just attending Friday and/or Saturday and/or Sunday. If you are purchasing the full 3-day package, that package price includes the selection of either 2 half-day Friday workshops or 1 full-day Friday workshop. If purchasing the full 3 day package, there is no extra charge for your workshop selection(s)

8:00 AM—4:30 PM

FULL DAY WORKSHOP—101-19

30.75 MAINPRO+ CREDITS

Note: An online component is to be completed before attending this workshop. Also, please note earlier start time: 8:00 am.

Break: 10:15 am—10:30 am

Lunch: 12:00 pm—12:30 pm

Break: 2:30 pm—2:45 pm

IDEAS LTC PRACTITIONERS QUALITY IMPROVEMENT

EVELYN WILLIAMS, MD, CCFP (COE), FCFP, MHSc, CMD

CYNTHIA MAJEWSKI, BSCN, MA (C)

Learning Objectives:

1. To participate as a member of a Quality Improvement Team equipped with basic skills and knowledge.
2. Share a common language of health care improvement with others in order to support the transformation agenda of the province of Ontario.

8:00 AM—4:30 PM

FULL DAY WORKSHOP—102-19

21.75 MAINPRO+ CREDITS

this Workshop and Shorter Lunch

Break: 10:15 am—10:30 am

Lunch: 12:00 pm—12:30 pm

Break: 2:30 pm—2:45 pm

THE OLTC LONG-TERM CARE ATTENDING PRACTITIONER PRIMER

JULIE AUGER, MD, CCFP(COE), FCFP

RHONDA COLLINS, MD, CCFP(COE)

FRED MATHER, MD, CCFP

SANDY SHAMON, MD, CCFP

JOBIN VARUGHESE, MD, CMD, CCFP(COE)

Learning Objectives:

1. Understand the legislative requirements of Attending Physicians (AP) and Registered Nurses in the Extended Class [RN(EC)] working in Long-Term Care.
2. Recognize the Roles and Responsibilities of APs and RN(EC).
3. Recognize the interdisciplinary environment of care of patients in Long-Term Care.

8:45 AM—4:15 PM

FULL DAY WORKSHOP—103-19

Break: 10:15 am—10:30 am

Lunch: 12:00 pm—1:00 pm

Break: 2:30 pm—2:45 pm

PALLIATIVE CARE IN LONG-TERM CARE

LORAND KRISTOF, MD, MSc, CCFP (COE)

BENOÎT ROBERT, MD, CCFP (COE), (PC), MBA

Learning Objectives:

1. Recognize patient who would benefit from a palliative approach in a Long-Term Care setting.
2. Understand disease trajectory and target intervention appropriately.
3. Manage common palliative symptoms in a Long-Term Care setting.

8:45 AM—12:00 PM

Break: 10:15 am—10:30 am

Lunch: 12:00 pm—1:00 pm

HALF DAY WORKSHOP—104-19

CANNABINOIDS IN LONG-TERM CARE

JESS GOODMAN, MD

ALANNA COLEMAN, NP-PHC MN

Learning Objectives:

1. Review the indications and precautions for prescribing cannabinoids.
2. Provide guidance on cannabis prescription writing.
3. Advise on monitoring for benefits and adverse effects.
4. Present and discuss cases of cannabinoid prescribing in Long-Term Care.

8:45 AM—12:00 PM

Break: 10:15 am—10:30 am

Lunch: 12:00 pm—1:00 pm

HALF DAY WORKSHOP—105-19

ADVANCE CARE PLANNING, CHALLENGES

AND CASES IN LONG-TERM CARE

RACHEL HALLIGAN, B.KIN, MD, FCFP

JEFF MYERS, MD, MSED, CCFP(PC)

Learning Objectives:

1. Describe how advance care planning informs and directs care.
2. Address issues of consent and capacity.
3. Present and discuss cases of advance care planning.

12:00 PM—1:00 PM

LUNCHEON

1:00 PM—4:15 PM

Lunch: 12:00 pm—1:00 pm

Break: 2:30 pm—2:45 pm

HALF DAY WORKSHOP—106-19

IS NO NEWS GOOD NEWS? BUILD A MORE

RELIABLE FOLLOW-UP SYSTEM FOR TEST

RESULTS

SHIRLEY LEE, MD, MHSc(Ed), CCFP(EM), CAC

Learning Objectives:

1. Describe the legal and professional responsibilities related to follow-up of test results.
2. Identify opportunities for improvement of test results management in one's own practice.
3. Formulate a plan to implement a reliable test results management system.

1:00 PM—4:15 PM

Lunch: 12:00 pm—1:00 pm

Break: 2:30 pm—2:45 pm

HALF DAY WORKSHOP—107-19

PARKINSON'S DISEASE AND MOVEMENT

DISORDERS

MANDAR JOG, MD, FRCPC

Learning Objectives:

1. Review the diagnosis and progression of Parkinson's disease and related movement disorders.
2. Address particularities in managing Parkinson's disease in LTC setting, including neurocognitive impairment.
3. Provide case presentations for discussion.



4:30 PM—5:30 PM

SYMPOSIUM

For Symposium Details, watch for News Releases and pick up your invitation at the Registration Desk. Enjoy some complimentary snacks and drinks of your choice! Plan to attend!

7:30 AM—5:30 PM

REGISTRATION OPEN

8:00 AM—9:15 AM

BREAKFAST



8:15 AM—9:15 AM

SYMPOSIUM

For Symposium Details, watch for News Releases and pick up your invitation at the Registration Desk. Enjoy your hot breakfast while you attend this event! Plan to attend!

9:15 AM—9:30 AM

**OPENING REMARKS, WELCOME
AND ADVOCACY BRIEFING REPORT**
FRED MATHER, MD, CCFP
President, OLTC

9:30 AM—10:15 AM

**THE LONG-TERM CARE INQUIRY—
IMPROVEMENT
RECOMMENDATIONS**

JUSTICE EILEEN GILLESSE, COMMISSIONER

Learning Objectives:

1. Identify the need to detect and deter the health care serial killer.
2. Provide insights from the Long-Term Care Inquiry.

3. Recommend steps to restore confidence in the Long-Term Care system.



10:15 AM—11:15 AM

**REFRESHMENT BREAK, EXHIBITS &
PRODUCT DEMOS**

10:15 AM—11:15 AM

ATTENDED POSTER SESSION

11:15 AM—12:00 PM

**MANAGEMENT OF MODERATE
AND SEVERE DEMENTIA IN LONG-
TERM CARE**

JO-ANNE CLARKE MD, FRCPC

Learning Objectives:

1. Differentiate the different types of dementia in their more advanced stage.
2. Advise of effective pharmacotherapy and de-prescribing.
3. Recommend goals for optimal symptom management and quality of life.
4. Provide predictors for prognostication.



12:00 PM—12:15 PM

AWARD PRESENTATIONS

Join us for the presentation of the OLTC 2019 Long-Term Care Physician of the Year Award. The recipient will be announced at this presentation.

2018 Award Recipient Dr. Anne McCurrach



12:15 PM—1:00 PM

**LUNCHEON, POSTERS, EXHIBITS AND
PRODUCT DEMOS**

1:00 PM—2:00 PM

CONCURRENT WORKSHOPS

Select only one workshop from this time slot.
These workshops are repeated from 2:30 PM—3:30 PM

WORKSHOP 201-19 1:00 pm—2:00 pm

END-STAGE HEART FAILURE

LEAH STEINBERG, MA, MD, FCFP

Learning Objectives:

1. Review basic pathophysiology of heart failure.
2. Understanding of the challenges of palliative the patient with heart failure.
3. Learn how to provide a palliative approach to the patient with advanced heart failure.

WORKSHOP 202-19 1:00 pm—2:00 pm

**HOW LONG DO I HAVE TO LIVE DOC? PROGNOSTICATION TOOLS IN
THE PALLIATIVE CARE APPROACH**

GIULIA-ANNA PERRI, MD, CCFP(COE), (PC)

GIOVANNA SIRIANNI, MD, CCFP (PC), FCFP

IRENE YING, MD, CCFP (PC), MHS

Learning Objectives:

1. Identify available tools to help inform prognostication in the Long-Term Care setting.
2. Apply the prognostication tools presented to clinical cases.
3. Recognize the limitations of prognostication estimates in the clinical setting.

WORKSHOP 203-19 1:00 pm—2:00 pm

**IMPROVING EQUITABLE ACCESS TO SPECIALIST ADVICE IN
LONG-TERM CARE THROUGH eCONSULT**

CELESTE FUNG, BSc, MDCM, CCFP

Learning Objectives:

1. Describe how eConsult can improve equitable access to specialist advice for residents residing in Long-Term Care.
2. Describe how eConsult can support clinicians providing care to residents in Long-Term Care.
3. Outline practical strategies to implement eConsult into existing workflows in Long-Term Care.

WORKSHOP 204-19 1:00 pm—2:00 pm

**TOP THINGS I WOULD LIKE TO CONVEY TO OUR LTC STAFF
ABOUT MY PRACTICE**

LORAND KRISTOF, MD, MSc, CCFP(COE)

Learning Objectives:

1. Understand some of the particularities about the Physician/Nurse Practitioner—Nursing Staff interaction in a Long-Term Care setting.
2. Discuss some of the potential pitfalls in Physician/Nurse Practitioner—Nursing Staff communication.
3. Be familiar with strategies to mitigate errors in communication.

WORKSHOP 205-19 1:00 pm—2:00 pm

WHY SHOULD LONG-TERM CARE CLINICIANS CARE ABOUT MUSIC?

CHELSEA MACKINNON, MMIE, MA, BHSc

Learning Objectives:

1. To describe the biological, psychological, and social effects of music in Long-Term Care.
2. To appreciate the impact that advocating for music can have on the resident experience in Long-Term Care.
3. To differentiate various musical interventions and therapies, and to understand their application in Long-Term Care.

WORKSHOP 206-19 1:00 pm—2:00 pm

USING ANTIBIOTICS WISELY: STRATEGIES TO REDUCE UNNECESSARY ANTIBIOTICS FOR URINARY TRACT INFECTIONS IN LONG-TERM CARE

ANDREA MOSER, MD, MSc, CCFP(COE), FCFP

PATRICK QUAIL, MD, CCFP, FCFP

Learning Objectives:

1. Discuss overview of the problem, aim of Using Antibiotics Wisely and known drivers of antibiotic prescribing for urinary tract infections in Long-Term Care.
2. Share recommended practice statements and evidence-informed tools to support change in practice.
3. By the end of the session, participants will be able to have a better understanding of the evidence-based tools available and how best to optimize treatments and tests in Long-Term Care.

WORKSHOP 207-19 1:00 pm—2:00 pm

COLLABORATIVE CARE IN LONG-TERM CARE

CARRIE HEER, RN (EC), BScN, MN, NP-PHC

WENDY DUNN, BScN, MN, RN(EC) Adult

Learning Objectives:

1. Describe collaborative care models where physicians and nurse practitioners work together.
2. Identify different roles for the NP, i.e. attending, nurse-led outreach team (NLOT).
3. Present examples of collaborative care models.

WORKSHOP 208-19 1:00 pm—2:00 pm

AVOIDING ADVERSE EVENTS IN OLDER PERSONS

LUIS VIANA, RPh, Pharm D, BCGP

Learning Objectives:

1. Identify reasons why older persons are more sensitive to medications and how this can lead to increased adverse drug events in older persons.
2. Describe how the prescribing cascade contributes to adverse drug events in older persons.
3. Discuss strategies to optimize medication prescribing to avoid adverse drug events in older persons.

2:00 PM—2:30 PM

REFRESHMENT BREAK, POSTERS, EXHIBITS AND PRODUCT DEMOS

2:30 PM—3:30 PM

CONCURRENT WORKSHOPS REPEATED

Choose one workshop from this time slot.
See description of each previously listed.

WORKSHOP 301-19 2:30 pm—3:30 pm

END-STAGE HEART FAILURE

LEAH STEINBERG, MA, MD, FCFP

WORKSHOP 302-19 2:30 pm—3:30 pm

HOW LONG DO I HAVE TO LIVE DOC? PROGNOSTICATION TOOLS IN THE PALLIATIVE CARE APPROACH

GIULIA-ANNA PERRI, MD, CCFP(COE), (PC)

GIOVANNA SIRIANNI, MD, CCFP(COE) (PC), FCFP

IRENE YING, MD, CCFP (PC), MHSc

WORKSHOP 303-19 2:30 pm—3:30 pm

IMPROVING EQUITABLE ACCESS TO SPECIALIST ADVICE IN LONG-TERM CARE THROUGH eCONSULT

CELESTE FUNG, BSc, MDCM, CCFP

WORKSHOP 304-19 2:30 pm—3:30 pm

TOP THINGS I WOULD LIKE TO CONVEY TO OUR LTC STAFF ABOUT MY PRACTICE

LORAND KRISTOF, MD, MSc, CCFP(COE)

WORKSHOP 305-19 2:30 pm—3:30 pm

WHY SHOULD LONG-TERM CARE CLINICIANS CARE ABOUT MUSIC?

CHELSEA MacKINNON, MMIE, MA, BHSc

WORKSHOP 306-19 2:30 pm—3:30 pm

USING ANTIBIOTICS WISELY: STRATEGIES TO REDUCE UNNECESSARY ANTIBIOTICS FOR URINARY TRACT INFECTIONS IN LONG-TERM CARE

ANDREA MOSER, MD, MSc, CCFP(COE), FCFP

PATRICK QUAIL, MD, CCFP, FCFP

WORKSHOP 307-19 2:30 pm—3:30 pm

COLLABORATIVE CARE IN LONG-TERM CARE

CARRIE HEER, RN (EC), BScN, MN, NP-PHC

WENDY DUNN, BScN, MN, RN(EC) Adult

WORKSHOP 308-19 2:30 pm—3:30 pm

AVOIDING ADVERSE EVENTS IN OLDER PERSONS

LUIS VIANA, RPh, Pharm D, BCGP

SATURDAY OCTOBER 26, 2019

DAY
TWO

CONTINUED



Ontario
Long Term Care
Clinicians

3:30 PM—4:30 PM

2019 ARTICLES WHICH MAY CHANGE YOUR PRACTICE
CHRISTOPHER PATTERSON, MD, FRCPC



Learning Objectives:

1. Examine new evidence on the care of frail older adults in Long-Term Care.
2. Recognize the relevance of the research to one's Long-Term Care practice.
3. Identify effective, targeted interventions from each article that could change one's practice.

AGM

ANNUAL GENERAL MEETING

4:30 PM—5:00 PM

Members Only

**ONTARIO LONG TERM CARE
CLINICIANS ANNUAL GENERAL MEETING**

5:00 PM—5:30 PM

Members Only

**ONTARIO LONG TERM CARE
PHYSICIANS ANNUAL GENERAL MEETING**

7:00 PM—10:00 PM

*There is an extra charge
for this event.
Please see Registration
Form for details.*

SIT-DOWN PLATED DINNER AND ENTERTAINMENT
LEGENDS - A TRIBUTE TO THE SUPERSTARS

You must have a Dinner Ticket to attend this event. It is not included in your registration fee.



For your entertainment OLTCC was in negotiations to book Rod Stewart for our Gala evening, but Rod accepted a higher paying gig elsewhere. Not to be outdone, however, we decided to book one of the world's best Rod Stewart look-alike/sound-alike entertainers, plus 4 more talented tribute artists to perform incredible live recreations of the most popular rock and roll superstars of all time. Megahit after megahit these performers sing the song book of your lives. I wonder who will be performing???

7:30 AM—3:30 PM

REGISTRATION OPEN

8:00 AM—9:15 AM

HOT FULL BREAKFAST

8:15 AM—9:15 AM



SYMPOSIUM

For Symposium Details, watch for News Releases and pick up your invitation at the Registration Desk. Enjoy your hot breakfast while you attend this event! Plan to attend!

9:15 AM—9:30 AM

OPENING REMARKS &
OLTCC REPORT

FRED MATHER, MD, CCFP
President, OLTCC

9:30 AM—9:45 AM

ONTARIO MEDICAL ASSOCIATION
REPORT

9:45 AM—10:15 AM

PHYSICIAN LEADERSHIP FOR
VALUE-BASED MEDICINE IN LONG
TERM CARE

ALEX BARDAKH, MPP, PLC



Learning Objectives:

1. Demonstrate the importance of diagnosis and coding to show complexity.
2. Advance innovations for Long-Term Care including interoperability of the health record and telemedicine.
3. Advise how the clinicians can be the best advocates for their patients.

10:15 AM—11:15 AM

CONCURRENT SESSIONS

Select only one workshop from this time slot.

These workshops are repeated from 11:45 am—12:45 pm

WORKSHOP 401-19 10:15 am—11:15 am

CAPACITY ASSESSMENT

PAUL FERNER, MD, CCFP, FCFP

Learning Objectives:

1. Come to a good understanding of the legal test for capacity.
2. Briefly review the legislation governing capacity as it relates to Long-Term Care.
3. Determine who the correct Substitute Decision Maker (SDM) is in Various scenarios.
4. Learn the nuts and bolts of preparing a letter of incapacity on a resident who is obviously in-capable and the family simply needs confirmation of that fact.

WORKSHOP 402-19 10:15 am—11:15 am

IMPROVING CARE DELIVERY AND OUTCOMES THROUGH THE USE OF STANDARDIZED, EVIDENCE-INFORMED CLINICAL SUPPORT TOOLS

ELAINE CALVERT, RN, MA, GNC (c)

Learning Objectives:

1. Explore the impact of system and organizational priorities on clinical decision making.
2. Learn how the incorporation of care pathways and data elements within assessments can support quality improvement plan development and measurement.
3. Identify opportunities to improve resident quality of life and the care experience through goal-oriented assessment and care planning.

WORKSHOP 403-19 10:15 am—11:15 am

TRANSITIONS OF CARE: THE ABC'S OF ALC TO LONG-TERM CARE

MAUREEN GOTTESMAN, MD, Med, CCFP

Learning Objectives:

1. Describe the process of patient transitions from acute care to ALC to then Long-Term Care.
2. Identify common challenges during transitions of care leading to Long-Term Care.
3. Explore solutions to improve patient care upon admission to Long-Term Care.

WORKSHOP 404-19 10:15 am—11:15 am

PHYSICIAN COMPUTERIZED ORDER ENTRY IN LONG-TERM CARE, FROM POSSIBILITY TO REALITY

ANDREA MOSER, MD, MSc, CCFP(COE), FCFP, CMD

ANDREW PIGOUE, MBA, ITM, CHE

Learning Objectives:

1. Identify opportunities for physician engagement in health information technology implementation.
2. Describe key enablers for implementation of physician computerized order entry (PCOE) in Long-Term Care.
3. Describe impact on quality and safety with the implementation of PCOE in Long-Term Care.

WORKSHOP 405-19 10:15 am—11:15 am

FRACTURE RISK SCALE—ASSESSING AND PREVENTING FRACTURES IN LONG-TERM CARE

ALEXANDRA PAPAIOANNOU, BScN, MD, MSc, FRCP(C), FACP

LYNN NASH, MD, CCFP, FCFP

Learning Objectives:

1. To recognize potential risk factors for fractures in older adults living in Long-Term Care.
2. To assess fracture risk using the Fracture Risk Scale, a new fracture risk tool.
3. To manage identified fracture risk in Long-Term Care residents.

WORKSHOP 406-19 10:15 am—11:15 am

MANAGING ACUTE EXACERBATIONS AND REFRACTORY DYSPNEA IN YOUR PATIENTS WITH ADVANCED COPD

ALAN KAPLAN, MD, CCFP (EM), FCFP

Learning Objectives:

1. Recognize an acute exacerbation of COPD (AECOPD) and its impact on patients with advanced COPD.
2. Review components of advance care planning, such as refractory dyspnea management and palliative care.
3. Apply key management principles based on the latest Canadian Thoracic Society (CTS) COPD clinical practice position statement to a case-based scenario.

WORKSHOP 407-19 10:15 am—11:15 am

DEVELOPMENT OF LONG-TERM CARE INTEREST GROUPS

KANWAL SHANKARDASS, MD; BENOÎT ROBERT, MD, CCFP(COE), (PC), MBA

Learning Objectives:

1. Describe how a Long-Term Care Interest Group is organized.
2. Show the benefits and supports for colleagues with a shared clinical interest.
3. Give examples of interesting cases.

WORKSHOP 408-19 10:15 am—11:15 am

BEST PRACTICES IN NUTRITION, FOOD SERVICES & DINING IN LTC

JULIE CAVALIERE, BaSc, RD

Learning Objectives:

1. Describe best practice interventions for the nutrition management of problems commonly seen in Long-Term Care including wound care, dysphagia and failure to thrive/weight loss.
2. Identify deficiencies in Long-Term Care menus and initiatives to elicit change.

11:15 AM—11:45 AM **BREAK, POSTERS, EXHIBITS, DEMOS**

11:45 AM—12:45 PM **CONCURRENT SESSIONS REPEATED**

Choose one workshop from this time slot. See description listed above.

WORKSHOP 501-19 11:45 am—12:45 pm

CAPACITY ASSESSMENT

PAUL FERNER, MD, CCFP, FCFP

WORKSHOP 502-19 11:45 am—12:45 pm

IMPROVING CARE DELIVERY AND OUTCOMES THROUGH THE USE OF STANDARDIZED, EVIDENCE-INFORMED CLINICAL SUPPORT TOOLS

ELAINE CALVERT, RN, MA, GNC (c)

WORKSHOP 503-19 11:45 am—12:45 am

TRANSITIONS OF CARE: THE ABC'S OF ALC TO LONG-TERM CARE

MAUREEN GOTTESMAN, MD, Med, CCFP

WORKSHOP 504-19 11:45 am—12:45 pm

PHYSICIAN COMPUTERIZED ORDER ENTRY IN LONG-TERM CARE, FROM POSSIBILITY TO REALITY

ALEXANDRA MOSER, MD, MSc, CCFP(COE), FCFP, CMD

ANDREW PIGOU, MBA, ITM, CHE

WORKSHOP 505-19 11:45 am—12:45 pm

FRACTURE RISK SCALE—ASSESSING AND PREVENTING FRACTURES IN LONG-TERM CARE

ALEXANDRA PAPAIOANNOU, BScN, MD, MSc, FRCP(C), FACP

LYNN NASH, MD, CCFP, FCFP

WORKSHOP 506-19 11:45 am—12:45 pm

MANAGING ACUTE EXACERBATIONS AND REFRACTORY DYSPNEA IN YOUR PATIENTS WITH ADVANCED COPD

ALAN KAPLAN, MD, CCFP (EM), FCFP

WORKSHOP 507-19 11:45 am—12:45 pm

DEVELOPMENT OF LONG-TERM CARE INTEREST GROUPS

KANWAL SHANKARDASS,

BENOÎT ROBERT, MD, CCFP(COE), (PC), MBA

WORKSHOP 508-19 11:45 am—12:45 pm

BEST PRACTICES IN NUTRITION, FOOD SERVICES AND DINING IN LONG-TERM CARE

JULIE CAVALIERE, BaSc, RD

12:45 PM—1:30 PM

**SOUP AND SANDWICH BUFFET
POSTERS, EXHIBITS & DEMOS**

1:30 PM—2:15 PM

**PANEL DISCUSSION
CHALLENGING PROBLEMS IN LONG-
TERM CARE**

JULIE AUGER, MD, CCFP(COE), FCFP; RHONDA COLLINS, MD, CCFP(COE), CHIEF MEDICAL OFFICER, REVERA INC.; DR. ROGER P. SKINNER, REGIONAL SUPERVISING CORONER; CENTRAL REGION - TORONTO WEST; OFFICE OF THE CHIEF CORONER FOR ONTARIO; FORENSIC SERVICES AND CORONER'S COMPLEX; PATRICK QUAIL, MD, CCFP, FCFP

Learning Objectives:

1. Discuss best practices and available evidence in the care of the older adults in a Long-Term Care setting.
2. Provide a forum for discussing clinical updates in the care of the older adults in a Long-Term Care setting.

2:15 PM—3:15 PM

**THE MANAGEMENT OF NURSING
HOME ACQUIRED PNEUMONIA**
JOSEPH M. MYLOTTE, MD

Learning Objectives:

1. Appreciate the controversy regarding nursing home acquired pneumonia.
2. Understand the Aetiology of nursing home acquired pneumonia.
3. Manage effectively nursing home acquired pneumonia.

3:15 PM

CONFERENCE ENDS

Faculty, 2019

JULIE AUGER, MD, CCFP (COE), FCFP

Dr. Julie Auger is a family physician with a focused practice in the care of the elderly in Timmins. She is the Medical Director and an Attending Physician in a LTC home. She is an Assistant Professor with the Northern Ontario School of Medicine.

ALEX BARDAKH, MPP, PLC

Alex Bardakh, MPP, PLC, is the Director of Public Policy and Advocacy for AMDA – The Society. Mr. Bardakh works for the Society's extensive Public Policy agenda through Advocacy in Congress and numerous Federal Agencies. A graduate from the University of Maryland Baltimore County (UMBC) in Political Science/ Psychology and Master's Degree in Public and Legal Policy, Mr. Bardakh has extensive experience in health policy with a specific focus on areas such as payment models and quality of care initiatives. He has been a recognized national speaker on healthcare policy and has spoken at national conferences throughout the country.

ELAINE CALVERT, RN, MA, GNC (C)

Elaine is a Registered Nurse and Director of Research and Development at Think Research. Elaine leads a team of knowledge translation and quality specialists responsible for the development of ministry funded, clinical support tools. Previous roles include senior leadership positions in long term care and post-acute care. Elaine holds a Master of Arts degree in Leadership from the University of Guelph and certification in Gerontology from the Canadian Nurses Association.

JULIE CAVALIERE, BaSc, RD

Julie Cavaliere is a Registered Dietitian in Ontario and works for the Sienna Senior Living support service office team as the National Director of LTC Services. She is a long-standing member of the Dietitians of Canada Long Term Care Action group and sits on the Ontario Geriatric Long Term Care Review Committee as their nutrition expert reviewer. Julie has a passion for health and nutrition and continues to pursue advocacy work for senior's nutrition.

JO-ANNE CLARKE, MD, FRCPC

Dr. Jo-Anne Clarke obtained her MD from McMaster University and completed her Internal Medicine and Geriatric training at the University of Western Ontario. She returned to Sudbury, ON to open and lead the North East Specialized Geriatric Centre, part of the Regional Geriatric Programs of Ontario, as Medical Lead and full-time Geriatrician.

ALANNA COLEMAN, NP-PHC MN

Is a Primary Health Care Nurse Practitioner with experience in geriatric medicine and medical cannabis with extensive knowledge in prescribing cannabis in long-term care. She has completed the Medical Cannabis Certificate Program from the Canadian Council on Continuing Education in Pharmacy and is currently taking the Science of Cannabis Certificate Program at McMaster University.

RHONDA COLLINS, MD

Dr. Collins is a Family Physician with a certificate of added competence in Care of the Elderly and an Associate Clinical Professor, Department of Family Medicine, McMaster University. She is the Chief Medical Officer with Revera Inc. a leading owner and operator in the senior living sector, and a Clinical Consultant for the Senior's Mental Health Outreach program.

WENDY DUNN, BScN, MN, RN(EC) Adult

Wendy is a Nurse Practitioner in a shared role between Greenwood Court, Stratford and Knollcrest Lodge, Milverton – she has been in this role since May 2016. Prior to this current LTC experience she has worked as a health care aide, charge nurse/RN, Clinical Nurse Specialist and Director of Care at different homes.

PAUL FERNER, MD CCFP FCFP

Dr. Ferner studied medicine at the University of Toronto and graduated in 1984. He became a designated Capacity Assessor for the Office of the Public Guardian and Trustee in 1996. Over the past twenty-two years he has performed over one thousand capacity assessments.

CELESTE FUNG, MD, CM

Dr. Celeste Fung is a primary care physician and the Medical Director for St. Patrick's Home of Ottawa. She attended McGill University, where she earned her Bachelor of Science and Medical Degree (MD CM) prior to completing her Family Medicine Residency at the University of Ottawa. Her practice has been primarily focused on care of the elderly, including experience in community geriatrics, geriatric rehab, convalescent/transitional care, respite care and long-term care.

THE HONOURABLE JUSTICE EILEEN E. GILLESE

Justice Gillese, a judge of the Ontario Court of Appeal, recently served as Commissioner of the Public Inquiry into the offences Elizabeth Wettlaufer committed in long-term care. Before her appointment to the Court of Appeal in 2002, Justice Gillese was a trial judge (Superior Court of Justice), Dean and Professor of Law at Western University, and Chair of various provincial commissions.

JESS GOODMAN MD

Has been practicing as a Physician in General Practice for 38 years with experience in family medicine, long-term care and rehabilitative medicine. He became concerned that his patients did not have access to comprehensive and credible assessments for medical cannabis and is currently working on a best practice model to support this. Dr. Goodman is currently developing a therapeutic patch for the transdermal application of cannabis for residents in Long-Term care.

MAUREEN GOTTESMAN, MD, MED, CCFP

Dr. Gottesman is an assistant professor in the Department of Family and Community Medicine, Faculty of Medicine, University of Toronto. She is an attending family physician at Cummer Lodge and at Westside LTC nursing homes as well as at the RCC (Reactivation Care Centre), an alternate level of care (ALC) unit of North York General Hospital in Toronto.

RACHAEL HALLIGAN, MD, CCFP, FCFP

Rachael is a physician working at the Cambridge Memorial Hospital as a GP Oncologist and Palliative Care Provider. She also works as the Regional Primary Care Cancer Lead for the Waterloo-Wellington Regional Cancer Program and the Clinical Co-Lead for the Regional Palliative Care Program. Dr. Halligan participated in the LHIN's 3-year Advance Care Planning pilot project. Her passion for Advance Care Planning has led her to accept a volunteer position as a member of the Clinical Leadership with Hospice Palliative Care Ontario's Advance Care Planning Community of Practice.

Faculty, 2019

CARRIE HEER, RN(EC), BScN, MN, NP-PHC

Carrie obtained her Bachelor of Science in Nursing from University of Windsor & Master of Nursing & Advanced Graduate Diploma: Advanced Nursing Practice from Athabasca University. Carrie currently holds the position of Nurse Practitioner Coordinator/Clinical Lead, Waterloo Wellington Nurse Led Outreach Team where she works collaboratively with LTC homes to reduce ED transfers.

MANDAR S. JOG, MD, FRCPC

Mandar S. Jog, is the Director of the National Parkinson Foundation Centre of Excellence in Parkinson Disease and Movement Disorders Program at London Health Sciences Centre and a Professor of Neurology at Western University, both in London, Ontario, Canada. He is also one of the Associate Directors of the Lawson Health Research Institute.

ALAN KAPLAN, CCFP (EM), FCFP

Dr. Alan Kaplan is a family physician. He graduated from the University of Toronto and has been on staff at York Central Hospital since 1984 where he is Past-Chief of Family Practice and Vice Chief of the Emergency Department. Dr. Kaplan serves as a community pain consultant, palliative care community physician and hospitalist at Brampton Civic Hospital. He is the Chairperson of the Family Physician Airways Group of Canada, board member on the International Primary Care Respiratory Group and Chair of the Council for Organizing Members of the Canadian Network for Respiratory Care. He is also the chair of the Respiratory Medicine Communities of Practice Group of the College of Family Physicians of Canada.

LORAND KRISTOF, MD, MSc, CCFP(COE)

Dr. Lorand Kristof is a Family Physician trained in both Family Medicine and Geriatrics with a special interest in the primary care of older adults. He also provides palliative care to frail older adults in their home and in LTC. He is an OLTC Board Member and faculty in OLTC's Medical Curriculum Committee. He is a member of the Conference Committee for the OLTC's Annual Conference "Practical Pearls in Long Term Care".

SHIRLEY LEE, MD, MHSc(Ed), CCFP (EM), CAC

Shirley Lee completed her family and emergency medicine training at the University of Ottawa, followed by her Masters in Education at the University of Toronto. For over 20 years, she has been involved in many capacities from undergraduate to faculty development roles to enhance physician learning.

CHELSEA MACKINNON, MMIE, MA, BHSc

Chelsea is the education and research manager at the Room 217 Foundation, a health-arts not-for-profit that works to integrate music into traditional healthcare settings. Her current research focus is on the use of music as a therapeutic tool in Long-Term care. Chelsea is also a sessional instructor at McMaster University.

CYNTHIA MAJEWSKI

Cynthia has led the curricula development of the IDEAS Foundations Program since 2014. She held the position of Executive Director of the Quality Healthcare Network, a membership network from 1995 until her retirement in 2013. In 2005 as a co-founder of Safer Healthcare Now! she led the Ontario Campaign until 2011. In 2010, she acted as Director, Residents First a provincial long term care quality initiative.

J. FRED MATHER, MD, CCFP

Dr. Fred Mather is the President of the OLTC. He is the Medical Director for Sunnyside Home for the Region of Waterloo and attending physician at two Revera Living Homes. On behalf of OLTC he participated in the LTC Inquiry. Dr. Mather believes that OLTC is the physicians voice to the public, government and stakeholders in long term care.

ANDREA MOSER, MD, MSc, CCFP(COE), FCFP

Dr. Andrea Moser is a family physician with a focus practice in care of the elderly, Associate Medical Director, Apotex Nursing Home and Chief Medical Information Officer at Baycrest. She is an Assistant Professor DFCM, University of Toronto, Health Quality Ontario Clinical Quality Lead and past president of OLTC.

JEFF MYERS, MD, MSc, CCFP(PC)

Dr. Jeff Myers is a palliative medicine physician and Medical Lead for the Bridgepoint Palliative Care Unit at Sinai Health System. He is an Associate Professor at the University of Toronto and for the past 7 years has been the academic Head of the Division of Palliative Care within the Department of Family and Community Medicine. He currently holds the W. Gifford-Jones Professorship in Palliative Care and his interests include complexity theory in palliative care, person-centered decision-making and learner assessment in competency-based education.

JOSEPH M. MYLOTTE, MD

Dr. Mylotte received his medical degree from the School of Medicine, University at Buffalo in 1973. He was on the full-time faculty of the School of Medicine, Department of Medicine, Division of Infectious Diseases, University at Buffalo from 1980 to 2010. From 2006-2015 he was an attending in nursing homes doing post-acute care and served as a medical director.

LYNN NASH, MD, CCFP, FCFP

Dr. Lynn Nash is a family physician in Ancaster, Ontario who has been practicing full spectrum family medicine for 37 years. She is an Associate Clinical Professor in the Department of Family Medicine, McMaster University and is a member of the Scientific Advisory Council for Osteoporosis Canada. Dr. Nash leads CME workshops on osteoporosis and falls prevention for the Ontario College of Family Physicians.

ALEXANDRA PAPAIOANNOU, BScN, MD, MSc, FRCP(C), FACP

Dr. Papaioannou is a Professor, Department of Medicine, McMaster University and a Geriatrician at Hamilton Health Sciences, with a joint appointment in the Division of Rheumatology. She is Executive Director of the GERAS Centre, and holds a CIHR-Eli Lilly Research Chair. Dr. Papaioannou has authored over 300 peer reviewed publications and holds a number of CIHR grants focusing on knowledge translation.

CHRISTOPHER PATTERSON, MD, FRCPC

Dr. Christopher Patterson specializes in Geriatric Medicine, practicing out of Hamilton Health Sciences. He regularly consults to several LTC homes. A Professor Emeritus at McMaster University, he has a special interest in dementia and cognitive disorders, and has been involved in developing clinical guidelines for dementia, most recently in 2012.

GIULIA-ANNA PERRI, MD, CCFP(COE), (PC)

Dr. Giulia-Anna Perri is a Palliative Care Physician and Medical Director for Palliative Care at Baycrest Health Sciences. Her practice is focused on geriatric palliative care and she currently is a Clinician-Educator with a varied undergraduate and post-graduate teaching practice. She is currently an Assistant Professor in the Division of Palliative Care, Department of Family Medicine and Community Medicine at the University of Toronto.

ANDREW PIGOUE, MBA, ITM, CHE

With 19 years of healthcare modernization experience, Andrew Pigou holds an Athabasca University MBA degree in IT Management. As Program Director of eHealth at Baycrest Health Sciences, Andrew co-led the digital transformation of Baycrest's LTC facility through adopting a new information system. Andrew also teaches health informatics at Ryerson University.

PATRICK QUAIL, MD, CCFP, FCFP

Paddy Quail is a family physician and medical leader for Supportive Living Alberta Health Services Calgary Zone and Medical Director to Intercare Corporate Group Inc. He is Clinical Assistant Professor in the Department of Family Medicine University of Calgary. President of the Long Term Care Medical Directors Association of Canada.

BENOÎT ROBERT, MD, CCFP(COE), (PC), MBA

Benoît Robert has worked in long-term care since 1994 and is the medical director at the PRVHC and for the Dementia program at the Glebe Centre. Through the leader route, he received certification for COE and PC. He chairs the Ottawa Medical Directors' Forum and is a OLTC Board Member.

SANDY SHAMON, MD, CCFP

Family Physician in Cambridge, Ontario. Dr. Shamon completed her MD at UBC in 2011 and Family Medicine residency at Western University in 2013. She has special interest in Palliative Care, Geriatrics, and teaching. Practice settings include office Family Medicine, Long Term Care, and community Palliative Care.

KANWAL SHANKARDASS, MD

Dr. Shankardass is a family physician who is the Chair of the Long-Term Care Clinicians Interest Group and the Care of the Elderly Working Group at McMaster University. He is the medical director at St. Peter's Residence at Chedoke LTC and was the recipient of the 2015 OLTC Physician of the Year award.

GIOVANNA SIRIANNI, MD, CCFP (PC), FCFP

Dr. Sirianni is a family physician with a focused practice in palliative care at Sunnybrook Health Sciences Centre. She completed her family medicine and palliative medicine training at the University of Toronto and has a Certificate of Added Competence in this field. She is an assistant professor within the Department of Family and Community Medicine (DFCM, Division of Palliative Care). Dr. Sirianni also holds the roles of Enhanced Skills Program Director at the DFCM and Faculty Development Lead for the Division of Palliative Care. Dr. Sirianni is currently a Masters degree candidate at the Dalla Lana School of Public Health where she is working toward her MScCH in Health Practitioner Teacher Education.

ROGER SKINNER, REGIONAL SUPERVISING CORONER

Dr. Roger Skinner was appointed Regional Supervising Coroner for East Region in December 2008 and transferred to Toronto West in 2013. Prior to joining the Office of the Chief Coroner on a full time basis, he was an investigating and inquest coroner in Grey-Bruce. He lived in the Owen Sound area for over 20 years where he practiced family, emergency and hospitalist medicine with Grey Bruce Health Services. During that time, he also served as house physician for licensed and unlicensed long term care facilities and co-managed the regional psychogeriatric and rehabilitation units. He is the current chair of the Geriatric and Long Term Care Review Committee of the Office of the Chief Coroner.

LEAH STEINBERG, MA, MD, FCFP

Dr. Steinberg trained in family and community medicine at McMaster University. She has a Masters Degree in Philosophy and Public Policy from Tufts University. She is an assistant professor in the Division of Palliative Care at the University of Toronto. She works in and teaches hospital and home-based palliative care. Her interests are communication skills and the palliative management of patients with advanced heart failure.

JOBIN VARUGHESE, MD, CMD, CCFP(COE)

Jobin Varughese is a comprehensive family physician and works as medical director of Faith Manor and is an attending physician at Faith and Grace Manor with Holland Christian homes. He has previously served on the boards of OLTCP & OLTC and continues to be part of the team involved with the Medical Director Curriculum. He is currently the vice-chair for the OMA Section of LTC/COE.

LUIS VIANA, RPH, PHARM D, BCGP

Luis Viana is a pharmacist with North West Telepharmacy Solutions where he provides on-site LTC consultant pharmacy services and remote hospital telepharmacy services. Luis is a Board-Certified Geriatric Pharmacist, former adjunct clinical assistant professor at the School of Pharmacy, University of Waterloo and past recipient of the Teva Senior Care Pharmacist of the Year award.

EVELYN WILLIAMS MD, CCFP(COE), FCFP, MHSc, CMD

Dr. Evelyn Williams, is past president of OLTC and Medical Coordinator for the City of Toronto LTC Homes and Services. She is an assistant professor in the Department of Family and Community Medicine, University of Toronto, and Head of the Division of LTC at Sunnybrook Veterans Centre. She is also co-author of the OLTC Medical Directors Curriculum.

IRENE YING, MD, CCFP (PC), MHSc

Dr. Irene Ying is a palliative care consultant at Sunnybrook Health Sciences Centre in Toronto and Assistant Professor in the Department of Family and Community Medicine at the University of Toronto. Her main areas of academic interest include shared-decision making, ethics at end-of-life, and advance care planning.

THANK YOU FOR REGISTERING FOR THE 2019 CONFERENCE. PLEASE **COMPLETE BOTH PAGES OF THE REGISTRATION FORM** IN FULL AND READ AND ACCEPT THE CANCELLATION CLAUSE. IF YOU HAVE ANY QUESTIONS, PLEASE CONTACT THE OFFICE AT office@oltcc.ca OR 905-404-9545.

Cancellation Policy

Cancellations received prior to **SEPTEMBER 16, 2019** are subject to a **\$60.00 administration fee**. After September 16, 2019 there will be no refunds however delegate substitution can be made until **FRIDAY OCTOBER 11, 2019 with no substitution fee**. From **SATURDAY OCTOBER 12, 2019** a \$60.00 delegate substitution fee applies.

I HAVE READ AND ACCEPTED THE CANCELLATION CLAUSE: YES

Registration 3 Ways—STUDENTS: Proof of student status must accompany your registration—by email (office@oltcc.ca or fax 1-905-404-3727)

@ Online: **Click here to register online!** — Quick & easy and only by credit card

✉ Mail: 1143 Wentworth Street W. Suite 202, Oshawa, ON L1J 8P7

☎ Fax: 1-905-404-3727—Complete the registration form and fax to number provided. Sessions will **not be confirmed** until payment is received and processed.

Membership

If you are a current OLTC member, please choose the member rates on page 17. If you are not a member, please choose the non-member rates. If you want to join now and take advantage of the member rates, check the appropriate box under this section or go to <https://www.oltcc.ca/membership> and join.

I am a current OLTC member I am not a member and will choose the non-member rates I will be joining now

Delegate Registration

One form per person. Photocopies are accepted.

Status: Choose one: Medical Director Physician Pharmacist Nurse Practitioner Medical Resident Other _____

Please circle one: Dr. Mr. Mrs. Ms.

First Name: _____ Last Name: _____

Long Term Care Facility Name: _____

Address: _____

City: _____ Province: _____ Postal Code: _____

Email: (please print clearly) _____

Tel: _____ Fax: _____

Dietary, Allergies or Other Special Considerations

If requesting Kosher or other special meals which must be brought in from outside the facility, there will be a 'upcharge' to cover additional cost including the cost of delivery.

List here: _____

Concurrent Workshop Selection

Concurrent workshops must be chosen with registration. If you do not choose your workshops there is no guarantee that your choice will be available onsite due to room capacities. Friday Workshops are to be chosen if you have registered for Friday, registered for the Full Conference Package, or registered for any Two Days, one being Friday.

Choose either one full day or two half day workshops (1 in am & 1 in pm)

FRIDAY OCTOBER 25

- 8:00 AM—4:30 PM: Full Day Workshop 101 (IDEAS, Accredited)
- 8:00 AM—4:30 PM: Full Day Workshop 102 (Primer, Accredited)
- 8:45 AM—4:15 PM: Full Day Workshop 103 (Palliative Care)
- 8:45 AM—12:00 PM: Half Day Workshop 104 (Cannabinoids)
- 8:45 AM—12:00 PM: Half Day Workshop 105 (Advance Care)
- 1:00 PM—4:15 PM: Half Day Workshop 106 (Test Results)
- 1:00 PM—4:15 PM: Half Day Workshop 107 (Parkinson's)

SATURDAY OCTOBER 26

Please choose one per time slot: Circle your choices

1:00 PM: 201 202 203 204 205 206 207 208

2:30 PM: 301 302 303 304 305 306 307 308

SUNDAY OCTOBER 27

Please choose one per time slot: Circle your choices

10:15 AM: 401 402 403 404 405 406 407 408

11:45 AM: 501 502 503 504 505 506 507 508

Please provide your name on this page in order to keep your registration information together.

First Name _____ Last Name: _____

Choosing Your Registration Fees CIRCLE YOUR CHOICES AND TOTAL (BECOME A MEMBER TODAY & ENJOY DISCOUNTED EARLY BIRD FEES!)

Registration fees are categorized by member fees, non-member fees, and medical resident/student fees. (see info on student fees below). Members fees include all categories of membership—Regular, Pharmacists and Nurse Practitioners. **Early Bird Fee Is Applicable to Members Only:** Choose early bird member fees if registering before and including **September 16 and only if you are a member**. **Regular Fee Member:** Choose regular member fees if registering between **September 17 and October 11**, inclusive. **Non-members or Medical Residents/Students:** Choose regular fees to **October 11**. **Late & Onsite Fees:** Choose late & onsite fees if registering from **October 12 to October 27**. *If you are not a member, and want to join now for member fees, please choose this option under Fee Totals.*

MEMBER EARLY BIRD FEES BEST VALUE!	BEST VALUE! 3 DAY PACKAGE Oct 25—Oct 27 Includes Friday Workshops!	TWO DAYS Sat Oct 26 & Sun Oct 27	ONE DAY Sat Oct 26 or Sun Oct 27	WORKSHOP FEES FULL DAY Friday Oct 25	WORKSHOP FEES HALF DAY Friday Oct 25	WORKSHOP FEES IDEAS & PRIMER MAINPRO+ Friday Oct 25	DINNER & ENTERTAIN- MENT SAT OCT 26
MEMBER EARLY BIRD FEES To Sept 16	\$1175	\$750	\$410	\$605	\$330	\$400	\$85
MEMBER REGULAR FEES From Sept 17—Oct 11	\$1375	\$810	\$475	\$680	\$360	\$450	\$85
MEMBER LATE & ONSITE FEES From Oct 12—Oct 27	\$1500	\$855	\$575	\$800	\$465	\$550	\$100
NON-MEMBER REGULAR FEES To Oct 11	\$1475	\$880	\$560	\$780	\$420	\$480	\$85
NON-MEMBER ONSITE FEES From Oct 12—Oct 27	\$1600	\$950	\$625	\$850	\$520	\$600	\$100
MEDICAL RESIDENTS & STUDENT REGULAR FEES (Proof of Residency & Student Status Required) To October 11	\$540	\$345	\$200	\$280	\$150	\$180	\$85
MEDICAL RESIDENTS & STUDENT ONSITE FEES (Proof of Residency & Student Status Required) Oct 12—Oct 27	\$670	\$405	\$350	\$440	\$310	\$300	\$100

Fee Totals

WHO IS A STUDENT? Postgraduate trainee in Faculty of Medicine or Pharmacy. Other students may be considered on an individual basis. Please contact the office at 905-404-9545

I am choosing:
Must select one

- 3 DAY FRI-SUN
 2 DAYS, SAT & SUN
 1 DAY, SAT OR SUN
 FRIDAY AM HALF DAY
 FRIDAY PM HALF DAY
 FRIDAY FULL DAY

Registration fees as selected \$ _____

Dinner & Entertainment Ticket(s) # tickets: _____ x \$ _____ \$ _____

Guest Name if Applicable: _____

Dietary Restrictions for Guest if Applicable: _____

OLTCC Membership Fee, Physician, \$275.00 (one year) or \$500.00 (two years) - *Join or Renew Now* \$ _____

OLTCC Membership Fee, (NP, PHARM, PA), \$225.00 (one year) or \$400.00 (two years) - *Join or Renew Now* \$ _____

SUB TOTAL FEES: \$ _____

HST—13% (HST# 783327893RT0001) \$ _____

TOTAL PAYMENT: \$ _____

Payment

By credit card: **FAX TO 1-905-404-3727:** VISA _____ MASTERCARD _____ AMEX _____

Credit card payments will be processed by Events In Sync, Inc. and your statement will show Events In Sync as the vendor. Events In Sync, Inc. is the managing company for the OLTCC.

NAME ON CARD: _____

NUMBER: _____ EXPIRY _____ CVN _____

SIGNATURE: _____

By Mail: With cheque payable to: **Ontario Long Term Care Clinicians**, 1143 Wentworth Street West, Suite 202, Oshawa, ON L1J 8P7

Questions? OLTCC Office: T: 905-404-9545; office@oltcc.ca



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Allergan	203	www.allergan.com
Amgen	200, 204	www.amgen.com
Aurora Cannabis Inc.	100	www.auroramj.com
Bayer, Inc.	207, 209	www.bayer.com
Bristol-Myers Squibb Canada Co.	201	http://www.bmscanada.ca/en
CannTrust	400	www.canntrust.ca
Classic Care Pharmacy	103	www.classiccare.ca
MD Financial Management	205	https://mdm.ca/md-wealth-management
Medical Cannabis by Shoppers	300, 302	https://cannabis.shoppersdrugmart.ca/en_CA
Natural Care	109	www.naturalcaregroup.com
Ontario Long Term Care Clinicians		www.oltcc.ca
Ontario Long Term Care Physicians		www.oltcp.ca
Ontario Osteoporosis Strategy for LTC	502	www.gerascentre.ca
PointClickCare	101	www.pointclickcare.com
Project Echo - Echo Ontario	501	www.baycrest.echoontario.ca
Rexall Health Solutions	208	www.rexallhealthsolutions.ca
Spectrum Cannabis	210	www.spectrumcannabis.com
The Lung Association	102	www.lungontario.ca
Tilray	308	www.tilray.ca



Product Demo Area Exhibit Area

Visit this new area in the exhibit area where companies / organizations will give you a quick update on what is new! What's happening in LTC and product demos! Open during all breaks and lunches!

Save These
DATES



Ontario
Long Term Care
Clinicians

2020

LONG TERM CARE MEDICAL DIRECTOR CURRICULUM

January 31, February 1, February 2, 2020, Novotel Hotel, North York, Ontario

PRACTICAL PEARLS IN LONG TERM CARE—ANNUAL CONFERENCE

2020

**Friday October 23, 2020 to
Sunday October 25, 2020**

Sheraton Centre Hotel, Toronto, Ontario

2021

**Thursday October 28, 2021 to
Saturday October 30, 2021**
Hilton Hotel, Toronto, Ontario



**Exciting New Conference
Program Schedule—
Starting in 2021!**

2022

**Friday October 21, 2022 to
Sunday October 23, 2022**
Hilton Hotel, Toronto, Ontario



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