

Conference 2022
Practical Pearls
in Long Term Care



Ontario
Long Term Care
Clinicians

OCTOBER 21-23, 2022

HYBRID CONFERENCE
REGISTRATION
AND PROGRAM
GUIDE 2022

HILTON HOTEL

145 Richmond Street West
Toronto, Ontario M5H 2L2

OLTCC represents the clinical expertise in Long-Term Care and provides the largest Conference for LTC Physicians in Canada for the past 40+ years!



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PRESIDENT'S MESSAGE

If you are a clinician practicing in Long Term Care – physician, nurse practitioner, pharmacist, or other, then Practical Pearls in LTC 2022 will have meaningful content for you.

We are offering Hybrid event this year, meaning you have the option of in-person or virtual. Now that COVID has become more endemic following the success of vaccination programs we are looking forward to meeting colleagues

in-person this year and catching up with old friends, meet new acquaintances, and develop networking opportunities.

With a broad range of topics, including keynote speakers such as Dr. Barbara Yaffe speaking on the Future of COVID-19 and Dr. Roger Skinner with the annual Coroner's Update, how can you not find pearls with this year's line up?

We look forward to seeing you, speaking with you, and learning with you.

May all Ontarians living in LTC receive excellent care.

Sincerely,

Ben Robert, MD, CCFP (CoE, PC), MBA



CONFERENCE CHAIR MESSAGE

After holding this event virtually for the last 2 years, I am very excited to invite you back to join us in person at this year's Practical Pearls in LTC 2022 (#PPLTC22) at the Hilton Hotel in Toronto.

We have gone through some unprecedented times in LTC which has pushed us to grow, learn, and continue to strive for ongoing improvement of the care we provide to our LTC patients. The conference committee has therefore put together a well-rounded, high caliber program which includes a wide breadth of topics from

COVID-19, to deprescribing, Parkinson's disease, clinician well-being, as well as many more. We also have some exciting new presentations such as a hands-on procedural skills workshop, a talk on managing dementia in people with longstanding psychiatric conditions, and a presentation on the CPSO's Quality Improvement Program.

Patient centered care has always been our goal in LTC, which of course goes beyond the drugs and treatments that we prescribe. Therefore, I'm thrilled to announce that this year's conference will include a panel discussion on what it means to provide culturally sensitive care to residents. This will be the first of what I hope will be many conversations we will continue to have as a community about equity, diversity, and inclusion.

The varied and robust program has something for everyone – nurse practitioners, pharmacists, and physician. This will be a great opportunity not only for learning, but also networking and collaborating, after not being able to meet in person for the last 2 years. However, for those who cannot make it out to Toronto, we are offering the program virtually as well, so you don't have to miss a thing.

See you in October!

Katarina Lakovic, MSc, MD, CCFP (COE)

BOARD OF DIRECTORS, 2022

President	Benoît	Robert	MD, CCFP (COE, PC), MBA
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	Vu Kiet	Tran	MD, FCFP(EM), MHSc, MBA, CHE, ICD.D
Observer	Carrie	Heer	RN(EC), BScN, MN, NP-PHC

SCIENTIFIC PLANNING COMMITTEE, 2022

Chair	Katarina	Lakovic	MSc, MD, CCFP (COE)
Members	Anne	Hamilton	MD, CCFP, FCFP
	Carrie	Heer	RN(EC), BScN, MN, NP-PHC
	Louis Joseph	Kennedy	MD
	J. Fred	Mather	MD, CCFP
	Kerstin	Mossman	MD, CCFP (COE), FCFP
	Henry	Siu	MD, CCFP (COE), FCFP

Location and Accommodations



**Hilton Hotel Toronto
Downtown**
145 Richmond Street West
Toronto, Ontario M5H 2L2



Telephone: 1-800-HILTONS, provide code **OLTC22**

Online: [Click Here to Make Your Reservation Today!](#)

A block of rooms is being held at the Hilton Hotel until Friday **September 16, 2022**. The Ontario Long Term Care Clinicians and the Hilton Hotel cannot guarantee availability at any time. The applicable rate for a standard room for this event is **\$269.00 per night plus taxes**. All rooms are single or double occupancy and rates are available October 19—October 23, 2022.

Cancellation Clause: A deposit equal to one night's stay is required to hold each guest's reservation at the time of reservation and must be secured with a valid credit card **refundable up to 3 days in advance of your Event date**.

Check In: Check in time is 3:00 pm. Check out time is 12 noon.

Parking: Parking is available at the hotel at a charge of \$45 /day valet and \$35/day self-park plus taxes and subject to change without notice as the Hilton does not own the parking under the hotel. It is a separate company.

About the Hilton Hotel: Located in downtown Toronto, next to Osgoode Station, within 10 minutes' walk of Union Station, CN Tower, Royal Ontario Museum, and CF Toronto Eaton Centre. Using public transit, St. Lawrence Market, Rogers Centre, and the Distillery District are 15 to 20 minutes away. The indoor-outdoor pool is open all year.

Mobile App, sponsored by Responsive Group

The mobile app offers attendees a superior user experience. The app will allow access to the agendas, as well as speakers and session descriptions. There will be an interactive map of the venue including the locations of all of the sessions and sponsor and exhibitor information. Attendees will be able to use the app to access surveys and even tweet their experience.



COVID-19 Precautions at the Conference

At the time of print, COVID-19 regulations have been mostly lifted and we anticipate this will be the case for the fall of 2022. The OLTC22 will endeavour to create the safest atmosphere possible for attendees, with the utilization of hand sanitizer stations, and create as much space as possible with the various room capacities. If, however, COVID-19 is an issue and new regulations are put back in-place, we will notify all attendees of any changes.



2022 Posters

Posters will be available for viewing on Friday, Saturday & Sunday. Posters will demonstrate a research project, best practice, current trend in Long-Term Care or relevant clinical cases. You can find the posters in the General Concourse of the OLTC22 Registration area, which is the level below the lobby.

General Information

BADGES

Once registered, please ensure you wear your badge for entrance to all sessions, meals and reception. Your badge must be visible and worn throughout the event in order to have access to the program.

CONCURRENT WORKSHOP CHOICES



When selecting your workshop choice, and it appears that your choice is not available, that indicates the choice you are making is full and not available. Please move to another choice listed, which is still available. The online system automatically removes the workshop from the selections once full. If registering by fax or email, the office will notify you directly by email if you have selected a workshop that is full and you will be given the option of others that are still open. Some workshops are repeated twice and are noted in the program.

PRESENTATIONS AVAILABLE THROUGH THE WEBSITE



Prior to the conference, all authorized presentations will be also be posted on the website and will be password protected for all of the conference attendees only. This will allow you to download what presentations you would like to have while at the conference or virtually.

REGISTRATION—PLEASE NOTE REGISTRATION DATES

In-Person registration is up to and including **October 23, 2022**. Virtual registration is up to **October 14th**. There is no option for late/onsite virtual registration.

HYBRID CONFERENCE 2022



The OLTC22 2022 Conference will be presented in a Hybrid format. When you register, you can choose to register for the in-person component or the virtual component—**Cannot be a combination**.

Hybrid means streaming out to a virtual audience as live presenters are presenting onsite at the Conference. If you choose the virtual component, you will receive full instructions on how to access the Conference virtually and a support team will be available to troubleshoot during the Conference.

Please note: The full program will be streamed out live at times indicated, with the exception of the LEAP Workshop. That workshop is in-person only.

IMPORTANT DATES & ACTIVITIES

Member Early Bird Rate Ends	Friday September 16, 2022
Regular Rates Apply	Up to Friday October 14, 2022
Hotel Cut Off Date for Room Reservations	Friday September 16, 2022
Cancellations Accepted, with a \$60.00 Fee	To Friday September 16, 2022
Virtual Registration Ends	October 14, 2022
Delegate Substitution Policy Applies, no Fee	Up to Friday October 14, 2022
Delegate Substitution Policy Applies, \$60.00 Fee	From Saturday October 15, 2022
Late & Onsite Rates Apply (In-Person Only)	From Saturday October 15, 2022



SCHEDULE OF ACTIVITIES

Onsite Registration Hours

Friday October 21	7:30 am—4:30 pm
Saturday October 22	7:30 am—5:30 pm
Sunday October 23	7:30 am—1:00 pm

Friday October 21

Registration Desk Open	7:30 am—4:30 pm
Continental Breakfast	8:00 am—9:00 am
Poster Displays	8:45 am—4:15 pm
LEAP Workshop	8:45 am—4:15 pm
Half Day Workshops AM	8:45 am—12:00 pm
Half Day Workshops PM	1:00 pm—4:15 pm
Refreshment Break AM	10:15 am—10:30 am
Refreshment Break PM	2:30 pm—2:45 pm
Buffet Lunch	12:00 pm—1:00 pm
Symposium	4:15 pm—5:15 pm
Welcome Wine & Cheese Reception	5:15 pm—6:30 pm

Saturday October 22

Registration Desk Open	7:30 am—5:30 pm
Breakfast	8:00 am—9:00 am
Poster Displays	8:00 am—5:30 pm
Symposium	8:15 am—9:15 am
Opening Remarks	9:15 am—9:30 am
Keynote Speaker	9:30 am—10:30 am
Break, Exhibits	10:30 am—10:45 am
Concurrent Workshops	10:45 am—11:45 am
Buffet Lunch, Exhibits	11:45 am—12:30 pm
Award Presentation(s)	12:30 pm—12:45 pm
Plenary	12:45 pm—1:30 pm
Concurrent Workshops	1:30 pm—2:30 pm
Break, Exhibits	2:30 pm—2:45 pm
Panel Presentation	2:45 pm—3:45 pm
Plenary	3:45 pm—4:30 pm
Symposium	4:30 pm—5:30 pm
Mix and Mingle Reception	5:30 pm—6:30 pm
Free Evening	

Sunday October 23

Registration Desk Open	7:30 am—1:00 pm
Breakfast	8:00 am—9:00 am
Symposium	8:15 am—9:15 am
Opening Remarks & Report	9:15 am—9:30 am
OMA Report	9:30 am—9:45 am
Plenary	9:45 am—10:30 am
Concurrent Workshops	10:30 am—11:30 am
Break, Exhibits	11:30 am—11:45 am
Concurrent Workshops	11:45 am—12:45 pm
Closing Plenary	12:45 pm—1:30 pm
Grab and Go Lunch	1:30 pm
Conference Ends	1:30 pm

HOW TO REGISTER—See Pages 16, 17

In Person Registration to October 23 Virtual Registration ends October 14

1. Choose the package that you want and correctly identify the fee category (member, non-member, student) and the date you are registering. See page 17.
2. Choose your workshops from the program. Workshops will be confirmed once registration and payment is complete.
3. **[CLICK HERE FOR ONLINE REGISTRATION](#)**
PLEASE NOTE: You must Create a New User Account for the Conference—do not try and use the “Sign in with your existing account”.
4. **BY MAIL,** Complete the registration on pages 16 and 17 of this guide and return to the OLTCC office by email: office@oltcc.ca or mail: 1288 Ritson Road North, Suite 333, Oshawa, ON L1G 8B2
5. Student registrations must also include proof of student status with their registration.

KEYNOTE SPEAKERS, HOT TOPICS, PANELS!

OPENING KEYNOTE SPEAKER—DR. BARBARA YAFFE, MD, MHSc, FRCPC, Associate Chief Medical Officer of Health



THE FUTURE OF COVID-19

Learning Objectives:

1. Review the epidemiology of the COVID-19 pandemic overall and in LTC.
2. Discuss the role of Public Health in the COVID-19 pandemic.
3. Address how Long-Term Care Homes can better prepare for preventing and controlling outbreaks.
4. Provide advice on how clinician leaders can prepare for future epidemics and pandemics.

PLENARY SPEAKER—HUGH BOYD, MD, CCFP (COE) JOHN CROSBY, BSC, MD SATURDAY OCTOBER 22, - 3:45 PM



LTC CLINICIAN RESILIENCY – BECAUSE YOU’RE WORTH IT

1. Complete a case study on clinician resiliency on yourself.
2. Understand the influence of Individual factors, culture of medicine, and health system influences on clinician health.
3. Practical pearls to improve your resiliency on your next day back



PLENARY SESSION—DR. ROGER SKINNER, Regional Coroner— Modernization Ministry of the Solicitor General Office of the Chief Coroner for Ontario Forensic services and Coroner’s Complex SATURDAY OCTOBER 22– 12:45 PM

CORONER’S REPORT, 2022

Learning Objectives:

1. Able to describe the Office of the Chief Coroner’s responses to the recommendations from the Public Inquiry into the Safety and Security of Residents in the Long-Term Care Homes System.
2. Prepared for the changes to reporting of deaths in LTCH’s.
3. Able to apply learnings from case examples of deaths reviewed by the Geriatric and Long-Term Care Review Committee.



PLENARY SPEAKER—AHMAD VON SCHLEGELL SUNDAY OCTOBER 23, - 9:45 AM

10 ARTICLES THAT COULD CHANGE YOUR PRACTICE

1. Examine new evidence on the care of frail older adults in Long-Term Care.
2. Recognize the relevance of the research to one’s Long-Term Care practice.
3. Identify effective, targeted interventions from each article that could change one’s practice.

PANEL PRESENTATION—OJISTOH HORN, MSC, MD, CCFP DONNA LEE, RN; FATIMA MOHAMMED, RN SATURDAY OCTOBER 22– 2:45 PM



Learning Objectives:

1. Explore what culturally sensitive care means in a multicultural environment of Ontario Long-Term Care’s.
2. Review commonly seen areas for improvement in providing culturally sensitive care.
3. Discuss practical ways in which culturally sensitive care can be applied in Long-Term Care.

CLOSING PLENARY SESSION—DAVID SHERMAN, MD, MSC, FRCP(C) SUNDAY OCTOBER 23, - 12:45 PM



NEUROCOGNITIVE IMPAIRMENT IN PERSONS WITH CHRONIC MENTAL ILLNESS

Learning Objectives:

1. Describe the risk of neurocognitive impairment in individuals with illness like chronic schizophrenia and bipolar illness.
2. Address the unique needs for those with pre-morbid conditions, especially in Long-Term care.
3. Advise and medication dosages and adjustment.

DAY ONE

FULL DAY WORKSHOP AND HALF DAY WORKSHOPS



7:30 AM—4:30 PM

REGISTRATION OPEN

8:00 AM—9:00 AM

CONTINENTAL BREAKFAST

Friday Workshops: the full 3-day package price includes the selection of 2 half-day Friday workshops or the LEAP full day workshop, however for the LEAP workshop an additional fee of \$135.00 is required.

8:45 AM—4:15 PM

FULL DAY WORKSHOP—21-01

\$135.00 extra fee required for this Workshop

Please note: This workshop is not available with the virtual option.

In-person only

Break: 10:15 am—10:30 am

Lunch: 12:00 pm—1:00 pm

Break: 2:30 pm—2:45 pm

LEAP IN LONG-TERM CARE

LORAND KRISTOF, MD, MSc, CCFP (COE)

BENOÎT ROBERT, MD, CCFP (COE, PC),

MBA

Learning Objectives:

1. Review Advance Care Planning in LTC.
2. Provide competent Symptom management with a palliative approach to care.
3. Discuss organizational changes in implementation of a palliative approach to care.

8:45 AM—12:00 PM

HALF DAY WORKSHOP—21-02

BEHAVIOURAL AND PSYCHOLOGICAL

SYMPTOMS OF DEMENTIA—A CASE-

BASED INTERACTIVE WORKSHOP

SID FELDMAN, MD, CCFP, FCFP, CMD

ROBERT MADAN, MD, FRCPC

Learning Objectives:

By the end of this session, participants will be better able to:

1. Compare and contrast behavioural assessment tools (e.g. DOS, ABC-charting, DICE, PIECES, and the Baycrest Quick-Response Caregiver Tool™).
2. Choose appropriate non-pharmacological strategies to help support LTC residents, staff and family members.
3. Recognize when pharmacological therapy is useful (or not) and use evidence-based approaches for the selection of pharmacological agents.

8:45 AM—12:00 PM

HALF DAY WORKSHOP—21-03

ASSESSING AND MANAGING LTC

RESIDENTS WITH LOWER EXTREMITY

WOUNDS

LAURA TEAGUE, NP-Adult, PHD

Learning Objectives:

By the end of this session, the learner will be able to

1. Recall a stepwise approach to assessing residents with lower extremity wounds, including leg ulcers and diabetic foot ulcers.
2. Identify key diagnostic tests for assessing lower extremity wounds.
3. Apply best practices for patient centered wound care related to the lower extremity.

12:00 PM—1:00 PM

BUFFET LUNCHEON

1:00 PM—4:15 PM

Lunch: 12:00 pm—1:00 pm

Break: 2:30 pm—2:45 pm

HALF DAY WORKSHOP—21-04

OPTIMIZING DIABETES MANGEMENT IN LONG-TERM CARE

CYNTHIA LEUNG, RPH, BSCPHM, PHARMD, CDE

Learning Objectives:

1. Discuss the roles of SGLT2 inhibitors in type 2 diabetes and other conditions.
2. Discuss the roles of GLP-1 receptor agonists in type 2 diabetes and other conditions.
3. Discuss strategies on how to safely prescribe and monitor the use of SGLT2 inhibitors and GLP1 receptor agonists in LTC setting.

1:00 PM—4:15 PM

Lunch: 12:00 pm—1:00 pm

Break: 2:30 pm—2:45 pm

MAXIMUM 20 PEOPLE

HALF DAY WORKSHOP—21-05

COMMON PROCEDURES THAT CAN BE

DONE IN LONG-TERM CARE—*Hands-on*

Interactive Workshop

VU KIET TRAN, MD, FCFP(EM), MBA,

MHSc, CHE, ICD.D

Learning Objectives:

1. Assess a wound and identify appropriate skin closing material.
2. Use skin glue, steri-strip, and staples.
3. Use simple, horizontal mattress, and vertical mattress sutures.

4:15 PM—5:15 PM

SYMPOSIUM

Provided by Sanofi Canada

For Symposium Details, watch for News Releases, Email invitation and pick up your invitation at the Registration Desk.

5:15 PM—6:30 PM

WELCOME WINE AND CHEESE RECEPTION



7:30 AM—5:30 PM **REGISTRATION OPEN**

8:00 AM—9:00 AM **BREAKFAST**

8:15 AM—9:15 AM **SYMPOSIUM**
Provided by Amgen

For Symposium Details, watch for News Releases and pick up your invitation at the Registration Desk. Enjoy your breakfast while you attend this event! Plan to attend!

9:15 AM—9:30 AM **OPENING REMARKS, WELCOME AND ADVOCACY BRIEFING REPORT**
BEN ROBERT, MD, CCFP (COE, PC), MBA; President, OLTCC

9:30 AM—10:30 AM **THE FUTURE OF COVID-19**
BARBARA YAFFE, MD, MHSc, FRCPC
Associate Chief Medical Officer of Health

LEARNING OBJECTIVES

1. Review the epidemiology of the COVID-19 pandemic overall and in LTC.
2. Discuss the role of Public Health in the COVID-19 pandemic.
3. Address how Long-Term Care homes can better prepare for preventing and controlling outbreaks.
4. Provide advice on how clinician leaders can prepare for future epidemic and pandemics.

10:30 AM—10:45 AM **REFRESHMENT BREAK, EXHIBITS & POSTERS**

10:45 AM—11:45 AM **CONCURRENT WORKSHOPS**
Select only one workshop from this time slot. Some workshops are offered again at 1:30 pm—2:30 pm and are noted.

WORKSHOP 101-22 10:45 am—11:45 am
Offered again at 1:30 pm
CONSERVATIVE RENAL CARE AND HOW IT MAY APPLY TO YOUR LTC PATIENT
MICHAEL WANG, MD, FRCP (C)
STEVE GOBRAN, MSN, NP-PHC
Learning Objectives:

1. Review the concept of conservative renal care and how it fits under the spectrum of CKD management.
2. Review common CKD-related symptoms and management.
3. Explore the ways care providers can collaborate to deliver excellent conservative renal care for your LTC patient.

WORKSHOP 102-22 10:45 am—11:45 am
Offered again at 1:30 pm
DIRECT ORAL ANTICOAGULANT (DOAC) USE IN SPECIAL POPULATIONS
STEFANI CARLIN, BSCPHM, PHARMD, ACPR2 (THROMBOSIS)
Learning Objectives:

1. Review indications for anticoagulation use in atrial fibrillation and venous thromboembolism treatment and prophylaxis.
2. Discuss important considerations for DOAC use in special populations, including: advanced age, previous bleeding, renal dysfunction, obesity, cancer and bioprosthetic valves.
3. Apply the concepts above to relevant patient cases.

WORKSHOP 103-22 10:45 am—11:45 am
Offered again at 1:30 pm
CPSO QUALITY IMPROVEMENT PROGRAM UPDATES
EDWARD EVERSON, MD, FRCPC
MARY MANNO, BSCN, MD, CCFP
Learning Objectives:

At the end of this session, participants will be able to:

1. Explain the transition from Quality Assurance to Quality Improvement.
2. Describe CPSO tools for self-directed Quality Improvement.
3. Discuss the new QI Program options and how they relate to the setting of Long-Term Care.

WORKSHOP 104-22 10:45 am—11:45 am
RAI-MDS TO MANAGE CHRONIC CONDITIONS
EVELYN WILLIAMS, MD, CCFP(COE), FCFP, MHSC
Learning Objectives:

Participants will be able to:

1. Use behavioural data to manage BPSD.
2. Use outcome scores to identify and follow residents with depression or pain.
3. Identify and manage residents at risk of developing (or with established) wounds.





WORKSHOP 105-22 10:45 am—11:45 am

NURSE PRACTITIONER LED OUTREACH TEAMS: AN INTEGRATED SOLUTION TO SUPPORTING LONG-TERM CARE HOMES DURING THE COVID-19 PANDEMIC AND BEYOND
 CARRIE HEER, RN(EC), BSCN, MN, NP-PHC; SHEELAGH WILLETT, BSCN, MSN, ANP; KARTHREN MAY, BSCN, NP-PHC, GNC(C)
 KATHERINE MCGILTON - MODERATOR

Learning Objectives:

1. Review outbreak challenges and solutions created by NLOT teams across Ontario to support Long Term Care (LTC) Homes during COVID-19 outbreaks including minimizing the spread.
2. Explore Nurse Led Outreach Team & Nurse Practitioners' roles including quality improvement practices and change ideas that supported LTC homes during COVID-19 outbreaks.
3. Obtain practical insight into the role and value of NLOT and Nurse Practitioners including opportunities for further expansion and implementation into LTC homes in Ontario.

WORKSHOP 106-22 10:45 am—11:45 am

HOW TO MAKE THAT PATIENT STOP COUGHING
 ALAN KAPLAN, MD, CCFP (EM), FCFP CPC(HC)

Learning Objectives:

1. Define chronic cough.
2. Review diagnostic steps to diagnose the cause of the cough.
3. Review treatments of some causes of chronic cough.

11:45 AM—12:30 PM **BUFFET LUNCHEON**
 Exhibits, Posters

12:30 PM—12:45 PM **AWARD PRESENTATIONS**

12:45 PM —1:30 PM **CORONER'S REPORT**
 Dr. Roger Skinner, Regional Coroner – Modernization Ministry of the Solicitor General Office of the Chief Coroner for Ontario Forensic Services and Coroner's Complex

Learning Objectives:

Participants should be

1. Able to describe the Office of the Chief Coroner's responses to the recommendations from the Public Inquiry into the Safety and Security of Residents in the Long-Term Care Homes System.
2. Prepared for the changes to reporting of deaths in LTCH's.
3. Able to apply learnings from case examples of deaths reviewed by the Geriatric and Long-Term Care Review Committee.

1:30 PM—2:30 PM **CONCURRENT WORKSHOPS**

Select only one workshop from this time slot.

Some workshops are offered again from the 10:45 am choices and are noted.

WORKSHOP 107-22 1:30 pm—2:30 pm

Repeated from 10:45 am

CONSERVATIVE RENAL CARE AND HOW IT MAY APPLY TO YOUR LTC PATIENT

MICHAEL WANG, MD, FRCP (C)

STEVE GOBRAN, MSN, NP-PHC

Learning Objectives:

1. Review the concept of conservative renal care and how it fits under the spectrum of CKD management.
2. Review common CKD-related symptoms and management.
3. Explore the ways care providers can collaborate to deliver excellent conservative renal care for your LTC patient.

WORKSHOP 108-22 1:30 pm—2:30 pm

Repeated from 10:45 am

DIRECT ORAL ANTICOAGULANT (DOAC) USE IN SPECIAL POPULATIONS

STEFANI CARLIN, BSCPHM, PHARMD, ACPR2 (THROMBOSIS)

Learning Objectives:

1. Review indications for anticoagulation use in atrial fibrillation and venous thromboembolism treatment and prophylaxis.
2. Discuss important considerations for DOAC use in special populations, including: advanced age, previous bleeding, renal dysfunction, obesity, cancer and bioprosthetic valves.
3. Apply the concepts above to relevant patient cases.

WORKSHOP 109-22 1:30 pm—2:30 pm

Repeated from 10:45 am

CPSO QUALITY IMPROVEMENT PROGRAM UPDATES

EDWARD EVERSON, MD, FRCPC

MARY MANNO, BSCN, MD, CCFP

Learning Objectives:

At the end of this session, participants will be able to:

1. Explain the transition from Quality Assurance to Quality Improvement.
2. Describe CPSO tools for self-directed Quality Improvement.
3. Discuss the new QI Program options and how they relate to the setting of Long-Term Care.

SATURDAY OCTOBER 22, 2022

DAY TWO CONTINUED



WORKSHOP 110-22 1:30 pm—2:30 pm

WHY IS MY PATIENT SHORT OF BREATH
ALAN KAPLAN, MD, CCFP (EM), FCFP CPC(HC)

Learning Objectives:

1. Review causes of dyspnea.
2. Review diagnostic steps to diagnose the cause of the dyspnea.
3. Review treatments of some causes of dyspnea, especially when there is more than one cause.

WORKSHOP 111-22 1:30 pm—2:30 pm

STRENGTHENING MEDICATION SAFETY IN LONG-TERM CARE
SHIRLEY DREVER, BSC PHM, RPH
CAROLYN HOFFMAN, RN, BSN, MN

Learning Objectives:

1. Participants will be able to outline the key components of the Strengthening Medication Safety in Long-Term Program.
2. Participants will be able to identify program tools and resources to use to improve medication safety in their own homes.
3. Participants will learn about implementation and change management strategies by following the progress of the Champion Homes as they move through the program.

WORKSHOP 112-22 1:30 pm—2:30 pm

OPPORTUNITIES FOR TRANSFORMATIVE CHANGE TO ADDRESS INEQUITIES IN SMOKING CESSATION
MARILYN WHITE-CAMPBELL, BA, DIP GRT
AVIVA ROSTAS, MD, FRCPC

Learning Objectives:

1. To demonstrate through case-based learning how to assess nicotine dependence.
2. To integrate Principles to Guide Decision-Making to support individuals who engage in risky smoking.
3. Consider the challenges and opportunities for system change.



2:30 PM—2:45 PM

BREAK, POSTERS, EXHIBITS

2:45 PM—3:45 PM

PANEL
PROVIDING CULTURALLY SENSITIVE CARE TO BIPOC RESIDENTS
OJISTOH HORN, MSC, MD, CCFP
DONNA LEE, RN
FATIMA MOHAMMED, RN

Learning Objectives:

1. Explore what culturally sensitive care means in a multicultural environment of Ontario LTCs.
2. Review commonly seen areas for improvement in providing culturally sensitive care.
3. Discuss practical ways in which culturally sensitive care can be applied in LTC.

3:45 PM—4:30 PM

LTC CLINICIAN RESILIENCY – BECAUSE YOU’RE WORTH IT
HUGH BOYD, MD, CCFP(COE)
JOHN CROSBY, BSC, MD

Learning Objectives:

1. Complete a case study on clinician resiliency on yourself.
2. Understand the influence of individual factors, culture of medicine, and health system influences on clinician health.
3. Practical pearls to improve your resiliency on your next day back to work.

4:30 PM—5:30 PM

SYMPOSIUM
Provided by GSK

5:30 PM—6:30 PM

MIX AND MINGLE

Join your colleagues to mix and mingle over a cocktail and hors d’oeuvres for this reception held just outside the main meeting room.

6:30 PM

END OF DAY TWO

8:00 AM—9:00 AM

HOT BREAKFAST

8:15 AM—9:15 AM

SYMPOSIUM, TBD

9:15 AM—9:30 AM

OPENING REMARKS
KATARINA LAKOVIC, MSc, MD,
CCFP (COE)
CONFERENCE CHAIR, 2022

9:30 AM—9:45 AM

OMA REPORT

9:45 AM—10:30 AM

10 ARTICLES THAT COULD
CHANGE YOUR PRACTICE
AHMAD VON SCHLEGELL

Learning Objectives:

1. Examine new evidence on the care of frail older adults in Long-Term Care.
2. Recognize the relevance of the research to one's Long-Term Care practice.
3. Identify effective, targeted interventions from each article that could change one's practice.

10:30 AM—11:30 AM

CONCURRENT WORKSHOPS

Select only one workshop from this time slot.

*Some workshops are offered again at
11:45 am—12:45 pm and are noted.*

WORKSHOP 113-23 10:30 am—11:30 am

Offered again at 11:45 am

APPROACH TO PARKINSONISM IN OLDER ADULTS

JOYCE LEE, BSCPHM, MD, CCFP (COE)
GRETA MAH, BSCPHM, RPH, BCGP

Learning Objectives:

After this workshop, participants will be more informed about:

1. Approach to Parkinsonism in older adults.
2. Diagnosis of Parkinson disease, in context of Long-Term care.
3. Initiation and monitoring of treatment.
4. Common non-motor symptoms of Parkinson disease.

WORKSHOP 114-23 10:30 am—11:30 am

UPDATE ON COVID AND INFLUENZA VACCINES IN LONG-TERM CARE

Offered again at 11:45 am

ALLISON MCGEER, MD, FRCPC, Infectious Disease Consultant,
Sinai Health System

Learning Objectives:

1. To provide an update on COVID-19 and influenza activity predictions for the winter 2022/23 season.
2. To review information available on recommended influenza and COVID-19 vaccines for Long-Term Care.

WORKSHOP 115-23 10:30 am—11:30 am

Offered again at 11:45 am

IMPLEMENTING THE SERIOUS ILLNESS CONVERSATION PROGRAM IN LONG-TERM CARE

CELESTE FUNG, MDCM, CCFP; DANIEL KOBEWKA MD, FRCPC, MSC

Learning Objectives:

1. Describe the Serious illness conversation program and evidence of benefit for residents.
2. Learn to use the Conversation guide by observing facilitators using the guide.
3. Discuss real world barriers and successes when implementation of the serious illness conversation program in one LTC home.

WORKSHOP 116-23 10:30 am—11:30 am

FRAILITY IN LONG-TERM CARE

DANIELA ACOSTA, RN, GNC (C)
BENOÎT ROBERT, MD, MBA

Learning Objectives:

1. To understand frailty as a medical condition, including its assessment and management, in the context of a Long-Term care environment.
2. To be able to describe a frailty-informed care approach (SeeMe™) in the context of health care decision-making and future goals of care.
3. Participate in a simulated learning activity where participants will be able to apply a frailty-informed care approach using the SeeMe™ framework and tools in a simulated event that mimics a real-life scenario.

WORKSHOP 117-23 10:30 am—11:30 am

TOOLS YOU CAN USE: SUPPORTING DEPRESCRIBING IN LTC

LISA MCCARTHY, PharmD, MSc
BARBARA FARRELL, PharmD, ACPR, FCSHP

Learning Objectives:

At the end of this workshop, participants will be able to:

1. List behaviours, such as shared decision making, that support deprescribing in Long-Term Care.
2. Describe tools and processes that support these behaviours.
3. Develop appropriate and relevant dissemination strategies to promote adoption of these tools and processes.

WORKSHOP 118-23 10:30 am—11:30 am

A PRACTICAL APPROACH TO ENGAGING MULTIPLE DISCIPLINES TO REDUCE FRACTURE RISK IN LONG-TERM CARE

ALEXANDRA PAPAIOANNOU, BScN, MD, MSc, FRCPC, FACP
SID FELDMAN, MD, CCFP, FCFP, CMD

Learning Objectives:

1. Use the Fracture Risk Scale to assess fracture risk.
2. Adopt a team approach to develop and implement a fracture risk-based care plan.
3. Incorporate an evidence-based care plan for fracture prevention.

DAY THREE CONTINUED



11:30 AM—11:45 AM **BREAK, EXHIBITS POSTERS**

11:45 AM—12:45 PM **CONCURRENT WORKSHOPS**

*Select only one workshop from this time slot.
Some workshops are offered again from
the 10:30 am choices and are noted.*

WORKSHOP 119-23 11:45 am—12:45 pm

Repeated from 10:30 am

APPROACH TO PARKINSONISM IN OLDER ADULTS

JOYCE LEE, BSCPHM, MD, CCFP (COE)

GRETA MAH, BSCPHM, RPH, BCGP

Learning Objectives:

After this workshop, participants will be more informed about:

1. Approach to Parkinsonism in older adults.
2. Diagnosis of Parkinson disease, in context of Long-Term care.
3. Initiation and monitoring of treatment.
4. Common non-motor symptoms of Parkinson disease.

WORKSHOP 120-23 11:45 am—12:45 pm

UPDATE ON COVID AND INFLUENZA VACCINES IN LONG-TERM CARE

Repeated from 10:30 am

ALLISON MCGEER, MD, FRCPC, Infectious Disease Consultant,
Sinai Health System

Learning Objectives:

1. To provide an update on COVID-19 and influenza activity predictions for the winter 2022/23 season.
2. To review information available on recommended influenza and COVID-19 vaccines for Long-Term Care.

WORKSHOP 121-23 11:45 am—12:45 pm

Repeated from 10:30 am

IMPLEMENTING THE SERIOUS ILLNESS CONVERSATION PROGRAM IN LONG-TERM CARE

CELESTE FUNG, MDCM, CCFP

DANIEL KOBEWKA MD, FRCPC, MSC

Learning Objectives:

1. Describe the Serious illness conversation program and evidence of benefit for residents.
2. Learn to use the Conversation guide by observing facilitators using the guide.
3. Discuss real world barriers and successes when implementation of the serious illness conversation program in one LTC home.

WORKSHOP 122-23 11:45 am—12:45 pm

LINK BETWEEN FINANCIAL LITERACY AND BURNOUT

VU KIET TRAN, MD, FCFP(EM), MHSC, MBA, CHE, ICD.D

Learning Objectives:

1. Enumerate sources of financial stress.
2. Build link between financial illiteracy and burnout.
3. List strategies to remove financial stress.

WORKSHOP 123-23 11:45 am—12:45 pm

MANAGING UTIs and “UTIs” IN LONG-TERM CARE RESIDENTS

BRADLEY LANGFORD, PharmD, BCIDP

KEVIN SCHWARTZ, MD, MSC

Learning Objectives:

1. Explain the term “asymptomatic bacteriuria” and describe its management in Long-Term Care residents.
2. Explain the latest data on the benefits and risks of UTI prophylaxis in Long-Term Care.
3. Describe how to select appropriate empiric antibiotic treatment using the Ontario urinary antibiogram.

WORKSHOP 124-23 11:45 am—12:45 pm

THE IMPLEMENTATION OF MEDICAL ASSISTANCE IN DYING IN LONG-TERM CARE-A CASE STUDY

CATHY LUKE, RN; MELISSA CHADWICK, BSCN, RN, CHPCN(C)

Learning Objectives:

1. To describe the preparatory process for a planned death experience utilizing MAiD.
2. To recognize unique informational and supportive needs of front-line and administrative staff related to the use and provision of MAiD in LTC and to identify key educational needs and deliver tailored education sessions for all staff.
3. To reflect on implementation strategies which enhance a patient-centered, compassionate and well communicated plan of care for end of life.

12:45 PM—1:30 PM

NEUROCOGNITIVE IMPAIRMENT IN PERSONS WITH CHRONIC MENTAL ILLNESS

DAVID SHERMAN, MD, MSC, FRCP(C)

Learning Objectives:

1. Describe the risk of neurocognitive impairment in individuals with illness like chronic schizophrenia and bipolar illness.
2. Address the unique needs for those with premorbid conditions, especially in Long-Term Care.
3. Advise and medication dosages and adjustment.

1:30 PM

**CONFERENCE END
GRAB AND GO SANDWICH BUFFET**

Faculty, 2022

DANIELA ACOSTA, RN, GNC(C)

Daniela the Manager of Education and Knowledge Translation for Perley Health with 10 years nursing experience and leadership in LTC. Her role supports the educational needs of the care team, with a focus on engagement and active learning. Daniela is passionate about transforming care within the sector.

HUGH BOYD, MD, CCFP(COE)

Hugh Boyd is a care of the elderly physician employed as the chief medical officer of Sienna Senior Living Canada, the chief of staff of St. Joseph's Health Centre Guelph and the medical director of St. Joseph's Villa Dundas. As an adjunct assistant clinical professor at McMaster University, a past chair of the OMA section on LTC/COE and a past president of the Ontario Long-term Care Physicians he has advocated for modern quality indicators, person-centered care and clinician resiliency in long-term care.

STEPHANIE CARLIN, BSCPHM, PHARM, D, ACPR2 (THROMBOSIS)

Stephanie Carlin is a thrombosis pharmacist at Hamilton Health Sciences. She is involved in teaching pharmacy and medical learners and has published a number of thrombosis-related research projects. She sits on the Ontario COVID-19 Science Advisory Table and has co-authored a number of practice guidelines for use of COVID therapeutics.

MELISSA CHADWICK, BScN, RN, CHPCN (C)

Melissa Chadwick is a seasoned Registered Nurse. She has spent most of her career working in the community at Home and Community Care where she has held several roles. She now works as a Palliative Care Consultant which helps health care providers and caregivers. She provides education, coaching and mentoring in a palliative approach to care and end of life care.

JOHN CROSBY, BSC, MD

Dr. John Crosby is medical director at Hilltop and Riverbend LTC in Cambridge. He has written over 300 blogs and articles for the Medical Post, CMAJ and CFPC Journal on physician burnout. He has lectured on it over 120 times worldwide and has mentored 132 Canadian and American doctors individually. He is an assistant professor of medicine at the university of Toronto and Family medicine at McMaster and Queens universities.

SHIRLEY DREVER, BSc PHM, RPH

Shirley Drever is the Project Manager for the Strengthening Medication Safety in Long-Term Care initiative and one of the facilitators for the Incident Analysis Workshops. She brings over 30 years of experience in the LTC sector working as a Director of Clinical Services for two Pharmacy Service Providers as well as leading multiple quality and clinical care initiatives. She supported the development and review of DRAFT Model Policies for this initiative and has a passion for quality improvement to ensure the safety and quality of life of residents.

EDWARD EVERSON, MD, FRCPC

Dr. Ted Everson completed his FRCPC in Emergency Medicine at Western University in 2003. Dr. Everson practices emergency medicine at Trillium Health Partners and has a primary care practice in Mississauga. Dr. Everson is a Medical Advisor at the College of Physicians and Surgeons of Ontario (CPSO) within the Quality Programs supporting the Quality Improvement and Quality Assurance programs.

BARBARA FARRELL PHARM, D, ACPR, FCSHP

Dr. Farrell is a Pharmacist with the Geriatric Day Hospital at Bruyère Continuing Care, a Senior Scientist with Bruyère Research Institute, and a faculty member with the University of Ottawa and University of Waterloo.

SID FELDMAN, MD, CCFP (COE), FCFP, CMD

Dr. Sid Feldman is a long-term care physician, Executive Medical Director and Chief of Family and Community Medicine at Baycrest Health Sciences. He is an Associate Professor and Head of the Division of Care of the Elderly, DFCM, Temerty Faculty of Medicine, University of Toronto.

CELESTE FUNG, MD, FRCPC, MSc

Dr. Celeste Fung is a family physician and the Medical Director for St. Patrick's Home of Ottawa. She completed her Residency at the University of Ottawa where she is an Assistant Professor in the Department of Family Medicine. She is LTC Lead for the provincial eConsult Centre of Excellence.

STEVE GOBRAN, MSN, NP-PHC, NP

Steve Gobran is a Nurse Practitioner at Grand River Hospital's renal program in Kitchener. His role is a palliative care champion for the conservative renal care program. Steve works along side all the nephrologists at Grand River Hospital and assists with the palliative care approach. The conservative renal care program looks after patient's that do not wish to pursue any form of dialysis.

CARRIE HEER, RN(EC), BScN, MN, NP-PHC

Carrie Heer, Nurse Practitioner & Clinical Lead, Nurse Led Outreach Team, Brant Community Healthcare System. Carrie has been a Nurse Practitioner for 17 years and holds a Bachelor of Science in Nursing from University of Windsor and a Masters in Nursing/Advanced Practice Nursing from Athabasca University. She provides leadership to build capacity in LTC, support COVID response and ED diversion. Carrie currently holds the position of Nurse Practitioner for the Brant Nurse Led Outreach Team where she continues to develop and support initiatives around ED diversion.

CAROLYN HOFFMAN, RN, BSN, MN

*Carolyn Hoffman is the CEO of the Institute for Safe Medication Practices Canada (ISMP Canada) and is lead for the Strengthening Medication Safety in Long-Term Care initiative. Carolyn has senior leadership experience in hospital operations, nursing regulation, and quality improvement in healthcare; all with a focus on patient safety. In 2004, Carolyn was one of the first employees of the Canadian Patient Safety Institute where she was Director of Operations (ONT to BC). Her key responsibilities included internal lead for the development and launch of the **Safer Healthcare Now!** National Campaign.*

Faculty, 2022

OJISTOH HORN, MSc, MD, CCFP

Ojistoh is a Mohawk / Haudenosaunee woman Providing cultural-safe care to BIPOC patients. She works as a family physician taking care of her people through all stages of the lifecycle. She teaches medical students and family medicine residents the complexities of providing primary care to Indigenous peoples and their communities. Family Physician, Kanonkwatseri:io “Good Medicine Clinic”, general family medicine, maternal child health, long term care, home visits; General Medicine, Cornwall Community Hospital, discharge planning.

ALAN KAPLAN, MD, CCFP (EM), FCFP CPC(HC)

Dr. Kaplan is a Family Doctor in York Region who also serves as a community pain consultant and respiratory consultant to his peers. He is the Chairperson of the Family Physician Airways Group of Canada, Senate member of the International Primary Care Respiratory Group and is an honorary professor of Primary Care Respiratory Research at the Observational and Pragmatic Research institute in Singapore. He was the past chair of the Respiratory Medicine Community of Practice of the College of Family Physicians of Canada. Dr. Kaplan is the vice chair of the Respiratory Effectiveness Group and the medical director of his local LHIN Pulmonary Rehabilitation program.

DANIEL KOBEWKA, MD, FRCPC, MSc

Daniel Kobewka is a general internist who works at The Ottawa Hospital and as a consultant in Long Term Care. His research is focused on improving quality of care and decision making for frail elderly patients with serious illness.

LORAND KRISTOF, MD, MSc, CCFP (COE)

Dr. Lorand Kristof is a Family Physician trained in Family Medicine and Geriatrics. He has Board Certification in Family Medicine in Canada and United States as well as Added Qualifications in Geriatrics in United States. He is Medical Director at Malton Village LTC in Mississauga and Davis Centre LTC in Bolton. He provides palliative care in LTC and in the community He is an Assistant Clinical Professor, Department of Family Medicine at McMaster University.

BRADLEY LANGFORD, PharmD, BCIDP

Dr. Brad Langford is a Board Certified Infectious Diseases Pharmacist and Antimicrobial Stewardship Pharmacist Specialist at Public Health Ontario and Hotel Dieu Shaver Health and Rehabilitation Centre. Brad has supported a number of provincial and national initiatives in antimicrobial stewardship including PHO's UTI program and Choosing Wisely Canada's Antibiotics Wisely Initiative.

DONNA LEE, RN

Donna is a Registered Nurse and is completing a Master's Degree in Leadership from the University of Guelph. With over 20 years of experience in the long-term care sector, Donna has worked in various roles, including Director of Care and Administrator. Prior to her current administrator role with York Region Donna worked at the University Health Network (UHN) as Practice Lead for Long Term Care where Donna also supported the senior strategy program with an innovative approach for cross-boundary collaboration.

JOYCE LEE, BSc Phm, MD, CCFP (COE)

Joyce is a Care of the Elderly physician specialized in Comprehensive Geriatric Assessment of older adults with Parkinsonism. She founded and led the Geriatric Clinic for Parkinson's at North York General Hospital in Toronto until recent relocation to Edmonton, where she started the Geriatric Parkinson's Care Program at the Kaye Edmonton Clinic. She hopes to spread this model far and wide.

CYNTHIA LEUNG, RPh, BScPhm, PharmD, CDE

Cynthia Leung is currently a program development officer at CADTH, Canada Agency for Drug and Technology of Health. Prior to this role, she was a primary care pharmacist with Queen's Family Health Team in Kingston as well as a pharmacist consultant for long term care facilities.

CATHY LUKE, RN

Cathy Luke is an experienced nursing leader currently Director of Nursing at Idlewyld Manor, Hamilton. Cathy's passion for the right to choose and open self-expression, supports residents in LTC to experience quality lifestyles. Cathy supports caregivers to provide homely, loving care because they feel empowered, engaged and listened to themselves.

ROBERT MADAN, MD, FRCPC

Dr. Robert Madan attended medical school at the University of Western Ontario and completed his psychiatry residency in psychiatry at the University of Toronto. Dr. Madan has the Royal College of Physicians and Surgeons of Canada designation of Geriatric Psychiatrist. He has been on staff at Baycrest since 2003 and is an Associate Professor in the Faculty of Medicine at the University of Toronto. Dr. Madan is the Psychiatrist-in-Chief and Deputy Chief of Staff at Baycrest, and is involved clinically in long-term care consultation, and outpatient psychiatry. His academic interests are in the areas of medical education and dementia.

GRETA MAH, BSc Phm, RPh, BCGP

Greta Mah is the pharmacist of the North York General Parkinson's Education Program and the Geriatric Clinic for Parkinson's. She was the consensus panel member for the Canadian Parkinson disease treatment guideline as well as the recipient of the NYGH Professional Practice Award and the National Commitment to Care Award.

MARY MANNO, BScN, MD, CCFP

Dr. Mary Manno studied nursing, behavioural sciences and medicine at McMaster University. Her practice of family medicine over 35 years has included care of the elderly in various settings. In 2019 Dr. Manno joined the CPSO as a Medical Advisor in the Quality Improvement Program, leading the QI for Individuals stream.

LISA MCCARTHY, PharmD, MSc

Dr. McCarthy is a Pharmacist with Seniors Services and a Clinician Scientist with Trillium Health Partners, as well as an Associate Professor with the University of Toronto.

Faculty, 2022

KATHRYN MAY, BScN, NP-PHC, GNC(c)

Kathryn May, a Nurse Practitioner with The Ottawa Hospital is currently working with the Nurse Led Outreach Team to provide enhanced access to care for LTC residents. Kathryn has played an essential role to the design and execution of key program initiatives since 2009. Recent contributions to care include principle direction and clinical support for regional rapid response initiatives during the COVID-19 pandemic.

MCGEER, ALLISON, MD, FRCPC

Dr. McGeer is a Professor in Laboratory Medicine and Pathobiology and the Dalla Lana School of Public Health at the University of Toronto, and an infectious disease physician at Sinai Health System. Her research interests are in the prevention of healthcare-associated infection, the epidemiology emerging infections, and adult immunization.

FATIMA MOHAMMED, RN

Fatima is a Registered Nurse, and Supervisor of Care in Nursing at Malton Village Long Term Care with the Region of Peel. She uses her role, advocating for equity, engage and deliver integrated Health Care Services for Residents and families. As a Supervisor of Care, Fatima promotes a resident-centered care approach.

ALEXANDRA PAPAIOANNOU BScN, MD, MSc, FRCPC, FACP

Dr. Papaioannou is a Professor, Department of Medicine, McMaster University and a Geriatrician at Hamilton Health Sciences, with a joint appointment in the Division of Rheumatology. She is Executive Director of the GERAS Centre, and holds a CIHR-Eli Lilly Research Chair. She is the Chair of the Regional Geriatric Program Central. Dr. Papaioannou has authored over 300 peer reviewed publications and holds a number of CIHR grants focusing on knowledge translation.

BENOÎT ROBERT, MD, MBA

Benoît Robert, MD, MBA is a family physician providing primary care and LTC for over 30 years. He is Chief Medical Officer for Perley Health, provides home palliative care visits, and is on staff at the Ottawa Hospital. He has additional credentials in Care of the Elderly and Palliative Care.

AVIVA ROSTAS, MD, FRCPC

Dr. Aviva Rostas is a Staff Geriatric Psychiatrist with the Center for Addiction and Mental Health. She is a lecturer, University of Toronto Department of Psychiatry and the Medical Education Lead, Division of Geriatric Psychiatry at CAMH, Undergraduate Coordinator, Division of Geriatric Psychiatry U of T. She consults to long term care homes in the TCHLIN.

KEVIN SCHWARTZ, MD, MSc

Dr. Kevin Schwartz is an infectious disease specialist at St. Joseph's Health Centre in Toronto as well as an academic infection control and antimicrobial stewardship physician at Public Health Ontario. He is an assistant professor at the Dalla Lana School of Public Health at the University of Toronto and an adjunct scientist at ICES.

DAVID SHERMAN, MD, MSc, FRCP(C)

Dr. Sherman is a Geriatric Psychiatrist practising Geriatric Consultation Liaison Psychiatry at Grand River Hospital, Freeport Site. Dr. Sherman also runs a virtual Geriatric Psychiatry outreach clinic to Long Term Care Facilities in Wellington County. Dr. Sherman is a faculty member of the Department of Psychiatry and Behavioural Neurosciences at McMaster University.

ROGER SKINNER MD, CCFP(EM)

Dr. Roger Skinner is the Regional Coroner – Modernization with the Office of the Chief Coroner for Ontario. He is the chair of the Geriatric and Long-Term Care Review Committee and co-lead for implementation of the recommendations of the Public Inquiry into the Safety and Security of Residents in the Long-Term Care Homes System.

LAURA TEAGUE, NP-Adult, PHD

Laura is a Nurse Practitioner, Clinical and Academic lead for wound care at the Sinai Health System in Toronto, Ontario. She holds a Bachelor of Nursing Science, Bachelor of Arts, Master of Nursing, Nurse Practitioner Diploma and Doctor of Philosophy in Nursing. Laura has 35 years of nursing experience, including critical care and wound care. She has been directly involved with the development of best practice guidelines for various wound etiologies through the Registered Nurses' Association of Ontario.

VU KIET TRAN, MD, FCFP(EM), MBA, MHSc, CE, ICD.D

Dr. Tran is an emergency physician who also practices family medicine and LTC medicine.

Von SCHLEGEL, AHMAD

MICHAEL WANG, MD, FRCP (C)

Dr. Michael Wang is a community nephrologist at Grand River Hospital in Kitchener. He also plays an active role in medical education at the Waterloo Campus of McMaster University. He is passionate about patient goal-directed care and is the local nephrologist champion in palliative care in the Kitchener-Waterloo region.

MARILYN WHITE-CAMPBELL, BA, DIP GRT

Marilyn White-Campbell is a Clinical Geriatric Addictions Specialist with Baycrest Long Term Care Behavioral Support Outreach teams. She is the provincial Lead for Behavioral Supports Ontario Brain change Older Adult Substance Use Collaborative and has recently launched "Cannabis and Older Adults, Know the Facts". Marilyn is a co-investigator with Canadian Coalition for Seniors Mental Health project which established 4 national clinical best practice guidelines for SUD's in older adults including Alcohol, Benzodiazepines, Cannabis and Opiates and is co-chair for the Alcohol Working Group.

Faculty, 2022

SHEELAGH WILLETT, BScN, MSN, ANP

Sheelagh Willett is the team lead for William Osler Nurse Practitioner Led Outreach Team (NLOT) and the Mobile Enhancement Response Team (MEST). She leads a large multidisciplinary team, including 15 Nurse Practitioners to support ED diversion, capacity building and the COVID response in Long Term Care and Congregate settings. Sheelagh has been an Nurse Practitioner for over 15 years, and holds a Bachelor of Nursing Science from Queen's University, as well as a Masters in Nursing, Adult Nurse Practitioner degree for Arizona State University.

EVELYN WILLIAMS, MD, CCFP(COE), FCFP, MHSc,

Evelyn Williams is past president of OLTC and recently retired after six years as Medical Coordinator for the City of Toronto LTC Homes and Services. She is an associate professor in the Department of Family and Community Medicine, University of Toronto. She is also co-author of the OLTC Medical Directors Course and editor of the OLTC Medical Director Manual.

BARBARA YAFFE, MD, MHSc, FRCPC, Associate Chief Medical Officer of Health

Dr. Barbara Yaffe has been a provincial Associate Chief Medical Officer of Health since January 2018. Her professional areas of focus include infection prevention and control and communicable disease control. She is a key leader in the province's pandemic response and has worked across many ministries to advise on congregate living settings, such as long-term care homes and retirement homes. Dr. Yaffe served as the Director of Communicable Disease Control and Associate Medical Officer of Health for the City of Toronto from 1998 to 2017, and as Acting Medical Officer of Health for Toronto in 2004 and 2017. She was previously the Medical Officer of Health for the City of North York.



THANK YOU FOR REGISTERING FOR THE 2022 CONFERENCE. PLEASE **COMPLETE BOTH PAGES OF THE REGISTRATION FORM** IN FULL AND READ AND ACCEPT THE CANCELLATION CLAUSE. IF YOU HAVE ANY QUESTIONS, PLEASE CONTACT THE OFFICE AT office@oltcc.ca OR 905-404-9545.



Cancellation Policy

Cancellations received prior to **SEPTEMBER 16, 2022** are subject to a **\$60.00 administration fee**. After September 16, 2022 there will be no refunds however delegate substitution can be made until **FRIDAY OCTOBER 14, 2022 with no substitution fee**. From **SATURDAY OCTOBER 15, 2022** a \$60.00 delegate substitution fee applies.

I HAVE READ AND ACCEPTED THE CANCELLATION CLAUSE: YES

Registration 2 Ways—STUDENTS: Proof of student status must accompany your registration—by email (office@oltcc.ca)

@ Online: [Click here to register online!](#) — Quick & easy and only by credit card

✉ Mail: 1288 Ritson Road North, Suite 333, Oshawa, ON L1G 8B2

Membership

If you are a current OLTCC member, please choose the member rates on page 17. If you are not a member, please choose the non-member rates. If you want to join now and take advantage of the member rates, check the appropriate box under this section or go to <https://www.oltcc.ca/membership> and join.

I am a current OLTCC member I am not a member and will choose the non-member rates I will be joining now

Delegate Registration

One form per person. Photocopies are accepted.

Status: Choose one: Medical Director Physician Pharmacist Nurse Practitioner Medical Resident Other _____

Please circle one: Dr. Mr. Mrs. Ms.

First Name: _____ Last Name: _____

Long Term Care Facility Name: _____

Address: _____

City: _____ Province: _____ Postal Code: _____

Email: (please print clearly) _____

Tel: _____

Dietary, Allergies or Other Special Considerations

If requesting Kosher or other special meals which must be brought in from outside the facility, there will be a 'upcharge' to cover additional cost including the cost of delivery.

List dietary, allergies or other here: _____

Concurrent Workshop Selection

Concurrent workshops must be chosen with registration. If you do not choose your workshops there is no guarantee that your choice will be available onsite due to room capacities.

Choose either one full day (LEAP—in-person only) or two half day workshops (one am & one pm)

FRIDAY OCTOBER 21

- 8:45 AM—4:15 PM: Full Day Workshop 21-01 (LEAP in-person only)
- 8:45 AM—12:00 PM: Half Day Workshop AM 21-02 (BPSD)
- 8:45 AM—12:00 PM: Half Day Workshop AM 21-03 (Wound Care)
- 1:00 PM—4:15 PM: Half Day Workshop PM 21-04 (Diabetes)
- 1:00 PM—4:15 PM: Half Day Workshop PM 21-05 (Procedures)

SATURDAY OCTOBER 22

Please choose one per time slot: Circle your choices

- 10:45 AM: 101-22 102-22 103-22 104-22 105-22 106-22
1:30 PM: 107-22 108-22 109-22 110-22 111-22 112-22

SUNDAY OCTOBER 23

Please choose one per time slot: Circle your choices

- 10:30 AM: 113-23 114-23 115-23 116-23 117-23 118-23
11:45 AM: 119-23 120-23 121-23 122-23 123-23 124-23

Please provide your name on this page in order to keep your registration information together.

First Name _____ Last Name: _____

Choosing Your Registration Fees CIRCLE YOUR CHOICES AND TOTAL (BECOME A MEMBER TODAY & ENJOY DISCOUNTED EARLY BIRD FEES!)

Registration fees are categorized by member fees, non-member fees, and medical resident/student fees. (see info on student fees below). Members fees include all categories of membership—Regular, Pharmacists and Nurse Practitioners. **Early Bird Fee Is Applicable to OLTC Members Only:** Choose early bird member fees if registering before and including **September 16 and only if you are a member. Regular Fee Member:** Choose regular member fees if registering between **September 17 and October 14**, inclusive. **Non-members or Medical Residents/Students:** Choose regular fees to **October 14. Onsite Fees (Only for in-person registrations):** Choose onsite fees if registering from **October 15 to October 23. If you are not a member, and want to join now for member fees, please choose this option under Fee Totals.**

REGISTRATION FEES, 2022 In-Person Registration up to October 23. Virtual registration ends October 14

You must choose either In-Person or Virtual. Cannot be a Combination

Student: Postgraduate trainee in Medicine or Pharmacy

					Proof of Student Status	
MEMBER EARLY BIRD To Sept 16	MEMBER REGULAR Sep 16 - Oct 14	MEMBER ONSITE Oct 15 - Oct 23	NON-MEMBER REGULAR To Oct 14	NON-MEMBER ONSITE Oct 15 - 23	STUDENT REGULAR To Oct 14	STUDENT ONSITE Oct 15 - 23

IN-PERSON *If you have chosen the LEAP workshop in any package, please add on the extra fee to your registration fees*

3 Day Package, Oct 21, 22, 23	\$1,450.00	\$1,675.00	\$1,850.00	\$1,825.00	\$1,950.00	\$425.00	\$530.00
2 Days, Any two days	\$995.00	\$1,195.00	\$1,200.00	\$1,295.00	\$1,325.00	\$250.00	\$300.00
1 Day, Any one day	\$585.00	\$675.00	\$730.00	\$785.00	\$875.00	\$175.00	\$200.00
LEAP Workshop Extra Fee	\$135.00	\$135.00	\$135.00	\$135.00	\$135.00	\$135.00	\$135.00

VIRTUAL *The live program will be streamed out at times indicated except for the LEAP workshop*

3 Day Package, Oct 21, 22, 23	\$575.00	\$655.00	n/a	\$895.00	n/a	\$295.00	n/a
2 Days, Any two days	\$475.00	\$590.00	n/a	\$795.00	n/a	\$225.00	n/a
1 Day, Any one day	\$365.00	\$495.00	n/a	\$595.00	n/a	\$160.00	n/a

Fee Totals

I am choosing: 3 DAY FRI-SUN 2 DAYS, INDICATE DAYS HERE: _____ 1 DAY, FRI SAT OR SUN
 Must select one

Registration fees as selected\$ _____

Extra fee if choosing LEAP Program (*in-person only*)\$ _____

OLTC Membership Fee, Physician, \$275.00 (one year) or \$500.00 (two years) - **Join or Renew Now** \$ _____

OLTC Membership Fee, (NP, PHARM, PA), \$225.00 (one year) or \$400.00 (two years) - **Join or Renew Now**\$ _____

SUB TOTAL FEES:\$ _____

HST—13% (HST# 783327893RT0001)\$ _____

TOTAL PAYMENT:\$ _____

Payment

By credit card: FAX TO 1-905-404-3727: VISA MASTERCARD AMEX
 Credit card payments will be processed by Events In Sync, Inc. and your statement will show Events In Sync as the vendor. Events In Sync, Inc. is the managing company for the OLTC.

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NUMBER: _____ EXPIRY _____ CVN _____

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By Mail: With cheque payable to: Ontario Long Term Care Clinicians, 1288 Ritson Road North, Suite 333, Oshawa, ON L1G 8B2

Questions? OLTC Office: T: 905-404-9545; office@oltcc.ca



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2022

COMMUNITY OF PRACTICE—VIRTUAL

August 18, 2022—Followed by each third Thursday of each month
4 pm—6 pm

MEDICAL DIRECTOR VIRTUAL REFRESHER COURSE

For those that have taken the Medical Director Course from 2014 to 2017 inclusive
Friday September 23, 2022—12 pm—4 pm

MEDICAL DIRECTOR VIRTUAL COURSE

November 18, 21, 25 & 28, 2022—12 pm—4 pm

2023

MEDICAL DIRECTOR IN-PERSON COURSE

January 20, 21, 22, Novotel Hotel, North York, Ontario

MEDICAL DIRECTOR VIRTUAL COURSE

March 20, 24, 27 and 31, 2023—12 pm—4 pm

MEDICAL DIRECTOR VIRTUAL REFRESHER COURSE

For those that have taken the Medical Director Course from 2014 to 2018 inclusive
Friday September 22, 2023, - 12 pm—4 pm

OLTCC CONFERENCE—PRACTICAL PEARLS IN LTC

Friday October 20—Sunday October 22, 2023
Hilton Hotel, Toronto, Ontario

Ontario Long Term Care Clinicians

1288 Ritson Road North, Suite 333

Oshawa, ON L1G 8B2

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F: 905-404-3727



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