



**Board Members:** Dr. Fred Mather, Dr. Evelyn Williams, Dr. Julie Auger, Dr. Louis Joseph Kennedy, Dr. Kerstin Mossman, Dr. Rhonda Collins, Dr. Robert Cooper, Dr. Lorand Kristof, Dr. Philip McGarry, Dr. Nancy McKeough, Dr. Ben Robert, Dr. Sandy Shamon

**Office Support:** Ellen Maracle-Benton

1	<p><b>Call to Order &amp; Welcome 7:30 AM</b></p> <p><b>Opening Remarks</b></p> <p>This morning’s meeting will likely be the last full Board of Directors meeting before the program for Practical Pearls 2019 is finalized. Over the past five weeks the Conference Planning Committee, had three productive meetings. I attach an update that follows the last meeting yesterday. Take a moment to scan over it and provide any suggestions or recommendations. The committee presently still needs to fill three half day workshops on Friday and up five one-hour workshops for Saturday and Sunday.</p> <p>The next Medical Director Course will be January 30 to February 1 at the Novotel Hotel in North York. We should not only be actively promoting this course but promoting it as a valuable investment to have their Medical Directors attend.</p> <p>There was another meeting with stakeholders with the Ministry of Health for input in High Acuity Priority Access Beds (HPABs). On the small scale, the process mapping focuses on patients requiring non-invasive ventilation (NIV) or other specific needs. These medically complex patients make up a disproportionate number of ALC patients in the hospital.</p> <p>On a larger scale, the Ministry recognizes that these complex, difficult to accommodate patients will increasingly be the residents that we look after in the not-too-distant future. They include bariatric, drug dependencies, TPN, behaviours and the like.</p> <p>Below is review of the seven advocacy issues that OLTC promoted last year:</p> <ol style="list-style-type: none"> <li>1. Increased exposure to LTC training in medical and nursing school.</li> <li>2. Advance care planning that is uniform throughout the province and especially through transitions of care.</li> <li>3. The Ministry and licensee should support the Medical Director Curriculum, provided by OLTC and certified by the College of Family Physicians of Canada.</li> <li>4. Recognition of residents with special needs, including behaviours, cultures and medical complexity.</li> <li>5. Greater use of telemedicine and virtual visits to avoid transfers for diagnostics and consultation.</li> <li>6. Implementation of mobile diagnostic units for laboratory and imaging.</li> <li>7. Greater public education on issues like frailty, palliative care, antibiotic stewardship, ED avoidance, quality improvement, quality of life, etc, in long term care.</li> </ol> <p>Further to recommendation three, OLTC should advocate for more support for training and education for LTC physicians, especially for the medically complex. I have suggested that in addition the usual CPD, there could be accredited webinars and mentorship.</p> <p>Two possible additions to the strategic plan for the year ahead are thus:</p> <ol style="list-style-type: none"> <li>I. Produce a Medical Director manual</li> <li>II. Advocate for Ministry of Health and Long Term Care to support continuing education for physicians in who practice in long term care.</li> </ol> <p>Thank you for your participation in the poll for a full-day Board of Directors meeting. There was not good date before the summer. Friday, September 20, is the best date for a face-to-face meeting. A schedule of meetings was suggested and adopted.</p>
2	

3	<p><b>Conflict of Interest</b> None noted</p>
4	<p><b>Approval of the Board Meeting Minutes, January 25, 2019</b> <b>Motion:</b> To approve the minutes of the January 25, 2019. Board meeting minutes as presented. 1<sup>st</sup> Kerstin Mossman; 2<sup>nd</sup> Rhonda Collins; All in Favour. Motion carried.</p>
5	<p><b>Business Arising</b> No business arising from past minutes.</p>
6	<p><b>Future Meetings</b> The following is a list of Board of Directors meetings:</p> <ol style="list-style-type: none"> <li>1. Tuesday, March 5, 7:30 – 8:30 AM</li> <li>2. Tuesday, April 2, 7:30 – 8:30</li> <li>3. Tuesday, May 7, 7:30 – 8:30 AM</li> <li>4. Tuesday, June 4, 7:30 – 8:30 AM</li> <li>5. Summer meeting to be determined</li> <li>6. Friday, September 20, full day meeting</li> </ol> <p>Plan to have future Executive meetings on the third Tuesday of the month, with the exception of June 11.</p> <ol style="list-style-type: none"> <li>1. Tuesday, March 19, 2019, 7:30 – 8:30 AM</li> <li>2. Tuesday, April 16, 7:30 – 8:30 AM</li> <li>3. Tuesday, April 16, 7:30 – 8:30 AM</li> <li>4. Tuesday, May 21, 7:30 – 8:30 AM</li> <li>5. Tuesday, June 11, 7:30 – 8:30 AM</li> <li>6. Tuesday, July 16, 7:30 – 8:30 AM</li> <li>7. Tuesday, August 20, 7:30 – 8:30</li> </ol>
7	<p><b>Financial Report</b> The financial report was distributed to January 30, 2019. There was nothing new to report on this.</p>
8	<p><b>Conference Committee Report</b> A review of Conference Program took place with a discussion of confirmed speakers and topics. The Board discussed other speakers, topics, panelists, possible workshops – other than those already accepted from the submissions. A further report will be provided at the next Board meeting when the Conference Program should be just about complete..</p>
9	<p><b>Medical Director Course Update</b> The dates for 2020 have now been confirmed. The dates are January 30 to February 1, 2020 at the Novotel North York Hotel. <b>Action Item:</b> Put the dates on the website for the next course</p> <p>The Medical Director Manual is being updated. Each topic must be reviewed and updated where necessary. A list of topics could be sent to the Board and have the Board choose a topic of expertise to review and update. <b>Action Item:</b> Dr. Williams to send out topics to the Board for their choice of topic reviews.</p>
10	<p><b>Ministry of Health and LTC Update</b> There was another meeting with stakeholders with the Ministry of Health for input in High Acuity Priority Access Beds (HPABs). On the small scale, the process mapping focuses on patients requiring non-invasive ventilation (NIV) or other specific needs. These medically complex patients make up a disproportionate number of ALC patients in the hospital.</p> <p>On a larger scale, the Ministry recognizes that these complex, difficult to accommodate patients will increasingly be the residents that we look after in the not-too-distant future. They include bariatric, drug dependencies, TPN, behaviours and the like.</p> <p>The Board discussed other issues and ways to put a positive “spin” on LTC issues.</p>
11	<p><b>Strategic Plan Review</b> A review of the Strategic Plan for OLTC took place, with two possible additions to the strategic plan for the year ahead are thus:</p> <ol style="list-style-type: none"> <li>I. Produce a Medical Director manual</li> <li>II. Advocate for Ministry of Health and Long Term Care to support continuing education for physicians in who practice in long term care.</li> </ol>
12	<p><b>Speakers Bureau Resource</b> It has been suggested that OLTC create a “speakers bureau” for other organizations or groups to access for speaking engagements on topics of LTC. In order to develop this list the Board was asked to let Dr. Mather know of topics that would be of</p>

	<p>interest to them to speak on.  Action Item: The Board will let Dr. Mather know of topics they would be able to speak on for Webinars or other Educational events.</p>
13	<p><b>Medical Director and Attending Physician Contracts</b>  These contracts have been part of the Medical Director Course and are also posted on the website. Any updates that are required can be done, however none were noted at this time.</p>
14	<p><b>Other Business</b>  Ben updated the Board on the current Ottawa project.</p>
15	<p><b>Next Meeting</b>  Tuesday April 2, 2019 7:30 am to 8:30 am</p>
16	<p><b>Adjournment</b>  The meeting was adjourned at 8:30 am</p>