



Newsletter

March 2017



OLTCC Board of Directors Meeting Friday, February 24, 2017 **HIGHLIGHTS**

The Board of Directors have three or four face-to-face meetings a year. For the past meeting, the location moved to the downtown Delta, more convenient for members coming by rail or Porter.

Dr. Evelyn Williams gave the **Curriculum Committee Report**. Block One and the first day one of Block 2 was held at Novotel, North York, in January. Day 2 of Block 2 will occur on April 28. Block 3 occurs on April 29 and 30. Spaces are available for any who still wish to register for Block 3. Registration can be found at http://oltcc.ca/medical_directors_course.html

The committee considers a change in name for the Medical Director Course to include attending physicians in LTC. Other locations in the province will be considered for future courses. Registration is open to Physicians from other provinces.

Dr. Lorand Kristof gave the **Conference Planning Committee** report. *Long Term Care for the Practicing Clinician* will return to the Sheraton Centre on **October 20 – 22**. The theme of this year's conference is Clinical Pearls in Long Term Care.

Friday's program will offer four half-day and two full day workshops. Saturday and Sunday will offer the usual workshops and plenary sessions.

Dr. Ross Moncur gave the **Treasurer's Report**. OLTCC is a new organization. The charitable organization, Ontario Long Term Care Physicians (OLTCP) fostered the formation of the not-for-profit (OLTCC) to advance its Vision through advocacy and education.

Revenue to cover expenses (administration, conference and curriculum) comes from membership fees and sponsorship. Many directors and members volunteer time for the purposes of advocacy and education. Board members and others are encouraged to keep track of their in-kind contributions as a measure of OLTCC's activities.

The current membership term for OLTCC runs from July to June. Invoices for membership renewal will be sent out on June 1. OLTCC currently has 223 members. Our organization is the voice of clinicians practicing in Ontario long term care facilities. Our vision is *All Ontarians in Long Term Care will receive Excellent Care*. Strength of membership assures our voice with government and other LTC stakeholders. Strategies to increase membership includes offering more benefits.

OLTCC wants you input and interests
Contact at:

office@oltcc.ca

The Board of Directors approved and updated Vision and Mission for OLTC:

VISION

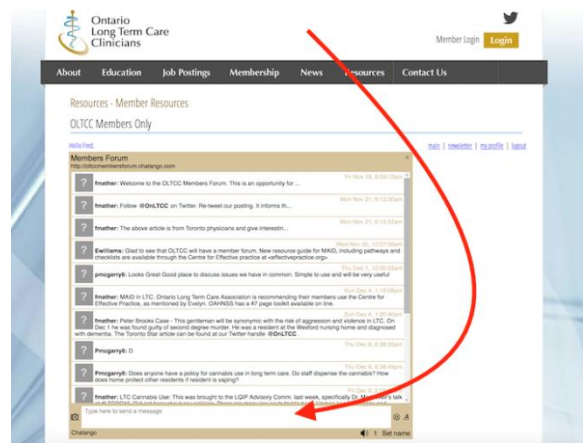
All Ontarians in Long Term Care will receive excellent care.

MISSION

1. Promote education, advocacy and engagement.
2. Advocate for residents living in LTC facilities through dialogue with the Ministry of Health and Long Term Care and other stakeholders in LTC.
3. Provide and annual conference, Long Term Care for the Practicing Clinician.

OLTC MEMBERS FORUM

A Members Forum or chat line has been developed in the Member only section of oltcc.ca. Go in and leave a message. This will require you to create a username and password. It can be brief or something or very familiar to you.



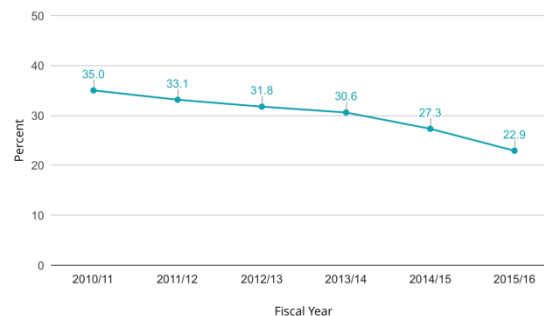
For example, a recent enquiry referred to recommendation #3 of the Canadian Choosing Wisely LTC recommendations: **Don't do a urine dip or urine culture unless there are clear signs and symptoms of a urinary tract infection (UTI)**

In the person who has severe dementia, should the the HCP get a catheter specimen or treat according to the McGeer, or Loeb, or other, criteria.

Log-in and give your opinion.

ANTIPSYCHOTIC USE IN LTC

Heath Quality Ontario (HQO) reports a progressive reduction in antipsychotic use without an indication in Ontario's long term care facilities. The decline is from 35.0% to 22.9% over five years. The HQO target is 19%. The quality indicator is "Residents not living with psychosis who were given and antipsychotic medication."



The use of antipsychotics for behavioral and psychological symptoms of dementia (BPSD) remain controversial. A wide variation in antipsychotic use was reported. Some facilities specialize in treating residents with severe mental illness or advanced dementia. These medications may improve quality of life. Side effects may include increased confusion, increased risk of falls and a slight increase in death.

More on HQO quality indicators are found at: <http://www.hqontario.ca/System-Performance/Long-Term-Care-Home-Performance>

UPCOMING DATES

- April 1 – OLTC first anniversary
- April 3 – OLTC Board Teleconference
- Apr 3 – 5 – OLTC conference, Together We Care
- April 19 – 21 – OANHSS annual conference
- April 28 - OLTC Medical Director Curriculum Block 2, day 2, Quality Improvement
- April 29 – 30 – Med Dir Curriculum, Block 3
- May 5 – OMA Section LTC and Care of the Elderly
- May 31 – OLTC Board Teleconference
- September 8 – OLTC Board of Directors, full day
- October 20 – 22 – OLTC annual conference